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THE

Unlearned Alchymist

HIS

ANTIDOTE:

OR,

A more full and ample Explanation of the Use, Virtue and benefit of my PILL,

Entituled,

An effectual { *Diaphoretick*, / *Diuretick*, } *purgeth by* { *Sweating* / *urine*. }

Where unto is added,

Sundry Cures and Experiences, with particular direction unto particular Diseases and Distempers.

ALSO,

Sundry plain and easie Receits, which the ingenuous may prepare for their own health.

By Richard Mathew, *and are to be had at his house by the Lyons Den at the Tower, next Gate to the By-ward.*

London, Printed for *Joseph Leigh*, at the upper end of *Bazing-hall-street*, neer the Nags-head-Tavern, and are there to be sold together with his Pill, and by *Giles Calvert* at the west end of *Pauls*, 1[illegible] 2.

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Gift of
Mrs. G. A. Nickerson.

To all that are sick, under Pains, Aches, Gripings, diverse Diseases, Surfetings, Obstructions, Consumptions, of what kind soever, and whosoever; but more especially unto all such of them that fear the Lord in truth and uprightness, and of these especially such as are poor, and have no Money, *Rich. Mathew*, your brother and companion in the Kingdom and patience of Jesus Christ, humbly Dedicates this his little Book, together with his Work and Labor, with what is his devoted to your service.

IT is meet of good right that this my Book should be Dedicated unto you, who daily finds the power and virtue of my Pill whereof I have spoken; let all the world set themselves against it as they please, I know your experience will vindicate it; and verily if my Pill have not deserved it from your hands, I will speak not a word for it; but what-ever in

this Book hath past me, let it for ever stand for nothing; and I do assure me verily to you all, but all the world, that if I be deceived concerning the true worth and power of my Pills, verily it is to you that hath deceived me, my conscience bearing me witness I have not added unto these Reports which you have brought me, but have with much sobriety left out much, which would have heightned the power and worth of my Pill; but I am assured from my own knowledge and daily sight and hearing, that things of like nature are done by it daily, blessed be God, and therefore I know there is no deceit in the matter. Receive then I pray you, this little Book into your profession, and speak as you have found, and speak that which is true, I desire no more, I know that is sufficient, for the Truth is strong, and no force can keep him in bonds, whom Truth acquits: It were better that I were not, then it were not my portion.

It is neither Power, nor Greatness, nor Humane Art, nor Learning, that I fly unto for Patronage, onely the clear and unbyassed witness of Truth, which can be in no other mouth then such of you, the Authors of all those several Reports, Cures and Wonders I have set down in this Book, most of which my own eyes were Spectators, and consequently Witnesses of

their

their verity and truth, neither am I unfurnished of as many more which here is not set down: But these have spent much Paper for me to write, and much of your patience to read; and he that will not believe at the sound of this Trumpet, but shuts his ears, resolved not to hear, this man will not hear if I had set down five times as many.

But unto the second sort unto whom I tender this Dedication, viz. The Faithful that are yet on earth, but their treasure in heaven, and their hearts where their treasure is, that at the present, if need be, are in heavineß through manifold temptations, sicknesses, pains, aches, and weaknesses of body; I do in a more especial manner dedicate my Book, self, work, and labour of love unto you, who is your Brother and Companion, and with you hath born the chastening of the Lord; I know your happineß, and feel it, and am made and infranchized a Citizen and fellow servant with you, and have laboured through Christ, and have not fainted; and now knowing your happiness, do rank my self with you, as being made partaker of like precious faith, and indeed desire above all other, to be made manifest and known unto

to you: I know (although I am a stranger unto you, as to the body and this worldly part) I have spiritual feeling and fasting with you, in and from that abundance of endless joys freely bestowed in the blood of Christ. And truly our fellowship is with the Father, and with that Son of his Love, whose Blood cleanseth us from all our iniquities. And blessed be God, who hath helped me through all kind of Snares and Temptations, to the end I might by Experience know his Salvation, his Power and Goodness. And this is my triumphing Joy, That my Father is pleased to let me live to answer and help many; and thinks he shall see him, there is but few days past me without the happy tidings of saving the life of some poor creature or other; I speak it in them, and in this judge by mine own faith. And now my beloved Brethren, as I have freely received, so I freely give. That (above all other) I thirst to serve him in body and spirit. My Master hath returned upon my head the fruit of my Labour, much indeed hath been much and long. And wherefore have I been always kept down by sickness and weakness of body, but that I might be

improved (as I have been improved) for your service and advantages, of which indeed you may make a bold Challenge, and require the same as your just Right and Propriety.

But unto the third sort now I speake, viz. you which fear the Lord in truth of heart, and are under his Fatherly chastening of pains, sicknesses, and bodily pressures, and are poor, as to the things of this world; and wherefore is it, but that in being here, you might not be to your selves as men, or to this world, as this world: You are not poor, but you are rich, Riches that fadeth not away, made rich through him that became poor, that he might make many rich: My Brethren, be without carefulness or fear, because 'tis your Fathers pleasure to give you a Kingdom, a Kingdom that remains to Eternity, eternally in the Heavens: You will possess it at that his appearing, when you shall appear with him in Heaven, glory that cannot be shaken: And if your earthly tabernacle perish daily, is it not the Ministry of joy, forasmuch as it tends to no other end, but to haste you to rest: Now is the time of your labour

Father in fruit-bearing, herein is your Father glorified (that in, and against the strongest wrestlings of this world, and of your own corruptions, and Satanical temptations and delusions) that you bring forth much fruit; to the end his fruit may remain in you, and his power rest upon you: You know in all your griefs and ails he is Joy, Peace, Rest: Get then to rest, cease from man, for wherein is he to be trusted, your self and all selfness, your own works, as God did from his: Enter the blessed Rest, holy Sabbath, through Christ's Atonement, through whom, and in whom we are compleat and perfect: For shame be silent, the Lord comes into his holy Temple, your bodies are the Temple of the living God, his house and habitation you are; he daigns to sup and dine with you, and is with you, and in you; stand fast then in the liberty wherewith he hath made you free, take heed of hearkening to flesh and blood; be not entangled with the yoke of bondage to fear again: If you bundle your burden with your arm, you must needs faint; but if you throw it on him, he will sustain you: He bore our sickneſſes, the chaſtiſement of our peace was upon him,

and

and by his stripes we are healed: Be [illegible] him who opened not his mouth, although the Lord laid on him the iniquity of us all. Sickness and poverty are not the greatest of Evils, nay they in their depth (with Divine Love and Presence) are joyous and glorious: I never found greater joy, and peace, and consolation, then when I was in the greatest pain and bitterness, when as to this world there was little hope of life, then was there life in beauty and strength. You of all other are most blessed and happy, because the eternal Crown and weight of glory and righteousness is prepared for you.

What shall I say unto you, my dearly beloved brethren, with whom life and glory dwelleth? O! my heart is pained for you, yea my soul and spirit within me is set on fire with love, care, desire, endeavour how I might be most manifested unto you, to bear all your distresses, if it were possible for me: But alas! it is a small thing I am able to do; but I will tell you, Jesus Christ will make his Crosse and Yoke easie and light unto you; Go to him, he is the Fountain, all fulness is in him, and he freely distributes without upbraiding,

bruising, yea, he is perfectly able to save all that come to God by him: And as for me, his poor servant, I beseech you pray that I may be found faithful in my Stewardship, improving his manifold Gifts unto his ends; and therefore in his Name and Fear, and in discharge of my duty unto him, and out of faithful and true sympathy and fellow-feeling with you: I do therefore in his Name and Fear invite all that are poor, having no money, and fears the Lord in truth of heart, and are sick, and in pains and Aches of body, that they would come and receive at my hand this Pill, or what else the Lord hath given me for their health, freely for Christs sake, without money or reward: Prove, I pray you, and assay, whether I be the man or no, that I here would be taken to be: Yea, come once and again, as your distresse requires; onely as I am a man, hide not your self and condition from me, and I hope still in him in whom I have always hoped, I shall not be left without either a heart, or wherewith to refresh them, that in the Name and Fear of God come unto me, entreating you to joyne with it your Faith and Prayer for a Blessing, looking

on

on it as a means of God ordained for your help and comfort, then do I not fear a good and blessed successe in the use of the means which the Lord hath put in my hands for your ease, healing and benefit.

An effectual { Diaphoretick, / Diuretick, } purgeth by { Sweating / Urine.

LEt the Patient take this Pill when he goes to bed; if a man of middle strength, then about ten or twelve grains, or about the bigness of a grey pease, but be sure at first to take little enough; for being a true Cordial, there is no danger of a little quantity, and after encrease as you find your strength to bear it, and as you have need of it, with judgement and discretion: Drink a little Sack, White-wine, Ale or Beer after it, keep Bed till you find your head well settled, which will be about twelve or fourteen hours; it will be in some more, and in some less; be your own Judge, otherwise you will be sick and vomit, which you may prevent if you keep your head to your pillow: If you must drink, let it be good, little and oft; it may be it will astringe for three or four days; but you shall find a breaking of wind, no heat or swelling, but a good digesture of meat, no fumes; lastly, all goes in a loose sharp stool. Unto children of [illegible] old, give the quantity of a Barley Corn, and so upward according to their strength. Note,

that when this Pill is dry, it must be moistned with Oyle of Turpentine, *or Oyle of* Amber; *and the older it is so kept, the better it is. Note also, that no Vessel will keep it well, but a Glass covered with a double Bladder.*

1

His Pill is a Corrector of all Vegetative poysons.

This that I have written is true, although some there are which takes it in foul scorn that I should profess that power, as to correct *Opium*, and they themselves cannot; but let such contentious Doctors know, that 2 the Gentleman is yet in very good health that drank 200. grains of *Opium* at one draught, which was of my correcting.

3 *So that if it be taken after any potion vomitive or laxative, it will not work at all; or when any potion works over-violently, it forthwith stops it by reason of its corrective power.*

This also, as far as my experience hath taught me, is true; and if any list, let them make further proof.

4 *In like manner it corrects all poysons in mans body from head to feet.*

By constant experience we find its working so various and strange, that we can be-

lieve

lieve no leſs; for although to all appearance people that are a-like troubled, yet will it vomit ſome, purge others, and make others ſweat out of meaſure, and others purge ſtrangely by Urine, and others as ſtrangely ſend forth Rheumes & Flegm at the mouth; and ſome others it may be, none of all theſe, but will break out all over; and ſundry other ways as Nature hath provided, to great wonder, which people when they are well, tell us how ſtrangely it wrought with them. Unto God onely be given all the praiſe for his mercies; it ſufficeth that people find relief in their diſtreſs: So that indeed we do clearly ſee it doth ranſack whole Nature, of what temper, complexion, or conſtitution ſoever; and finding out what it is that is noxious unto it, finds out one way or other, as Nature is moſt prompt to adminiſter relief; and according unto our experience it is ever conſtant unto a conſtant mind; and moſt certain it is, that many fooliſhly out of a fond conceit, becauſe this Pill hath operated contrary unto what they before-hand have ſuppoſed, have left its uſe to their great hurt and damage; and at this day (out of ſome ſuch phantaſtical humour neglecting it) languiſh in their pains and griefs, theſe lending their credulous ears unto the envious, which neither

know nor understand the thing they speak evil of; but thou which wilt believe thy
7 experience, will find, that if thy grief lyes in thy head, any part of it, thou shalt be sure to find it awakened; nay oft times when men doth not think that their grief lieth there, by reason (it may be) that thy illness proceeds of some old Cold, or Surfeit, or Bruise, so as thou hast forgotten it; this Pill wil begin at the root of thy grief; and if of wind, it strangely followeth it up and down the body of man, till it be turned out:
8 Or if it be some inward breach or forenels; or Imposthumes, it (by reason of its power from fixt Salts) doth break, and (by reason of its Balsamical virtue, doth) heal above belief; so that people inform us of great pains and grief they have had for some years, till by this Pill (sometimes) stinking matter, and (sometimes) stinking blood hath been sent forth, which hath been infinitely beyond my skill to help; but God hath blessed the use of this Pill to save the lives of many so grieved, blessed be his Name. And if the defect be amongst the Uritures, Kidneys, Reins or Bladder, then the effects by Urine is as admirable, much beyond our reason; for it sometimes sends out stuff of divers colours, and sometimes but of one colour, like snot, and like

jags

jags of cloath, jags of paper, and of divers colours mixed together, and sometimes swimming on the surface, and sometimes lying in the bottom; and so also hath brought out many stones, many of which 9
we have to shew, which people that voided them upon the taking of the Pills, have brought us; also Gravel in abundance, red and other colours, which it doth by its power from fixed Salts, and the true preparing the Spirit of Turpentine; and I do attest to all men, that I am six months in preparing the Spirit of Turpentine for this Pill: And let all men know assuredly, it is not, nor cannot be ripe for this Pill under; and therefore thus duely prepard, I do believe a higher Balsom is not in the world, both inwardly and outwardly: God grant I may use it to his glory, and peoples good; for we find it so potent in cleansing all Windiness, Sliminess, Stone, or Gravel; and 10
in case of Flux of blood, running of Reins, and the like, or Flux of scouring, I think the like is not to be found; for by reason of the mixion of forcible Vegetatives, it doth so sweetly stop all bleeding beyond belief, although it be either by Fundament, or by Urine, or by Mouth, as in Consumptions, or at Nose, it forthwith stops it as soon as it is warm in their Bellies: If it be grief of 11

the Joynts, Ach of Bones, pains of the feet; as the Gout in the Feet, or the running Gout, or that which is called the Kings-evil, by that time a Pil can be warm in their belly, the Patient will be sensible of ease; and to the praise of God I speak it, many of every Sex and Age that have not been able to feed or help themselves, or stir a limb in their beds, with the use of this Pill are now in health, and set at liberty: There would be no end of speaking, and yet but what is true, the wonderful wonders that God hath done by this Pill both inwardly and outwardly; and if those take it who have Consumptions with sore coughing; also those that wheese with shortness of breath, with coughing; I say, there are many of these alive, thanks be given to God, who comfortably enjoy themselves, which to the appearance of man would never a held out, and many of these perfectly cured, and so remain, which indeed is more then in reason we might have expected; for according to the opinion of the ablest in Physick, these distempers proceed from a debility in Nature, and therefore not curable; but God hath shewed his power and goodness to many, that there doth not appear the least sign of a distemper; so that in a reasonable time both Cough and Rhume is quite gone,

and

and breath at wil, I am loath to recite particulars, and yet give no more but the very truth, because I know many will hardly believe it, (and yet I am constrained here to give some instances) for I speak not this without witness, thanks be to God, many hundreds about *London* wil give testimony of the truth written, with thanksgiving unto Almighty God, who hath strengthened and opened their breasts when they were almost brought unto the gates of death, God blessing this Pill to them for their reviving, thanks be given unto God for all his unspeakable gifts.

I had a Maid-servant that from a Child 13
had a sore Cough in such extremity, that I feared oft she would never get breath again, it had such violence upon her, and she said it would never be cured, it was natural unto her, and that her Mother dyed thereof: I caused her to take of these Pills as wel for my own quietness as her cure, she did so disturb me in the night-season: I gave her but little ones, and gave them time, she never lay hour for them, but rose every morning all Winter, and did perform her duty in the house without interruption, and I think it was half a year (or near) before it was quite gone, and in that time it took it so perfectly away, as to my know-

ledge [illegible]d her not cough in half a year more, [illegible] not while she was in my house.

14 A man so [illegible]ted with shortness of breath and coughing, as did exceed most that I have heard of; and he sends to me for Pils, which he took, and with his own mouth telleth us, that for seven years he was so grievously afflicted therewith, that he could not all the Winter-season lie down in his bed; and if he had assayed to do it, then he should strangle, and of a sudden start up, and stretch up his arms above his head to get passage for his breath again, which with difficulty he recovered: Said he unto us, The first Pill that ever I took of yours, I laid me down and slept sweetly all the night; at which I and my Wife greatly admiring, praised God, as also we did with him; and that it seemed more strange, he said he coughed not, nor was he sensible of any straitness of breath all the night; & this man remains so wel, that to my knowledge he doth not spend so much as one quarter of an ounce in a quarter of a year. It grieves my heart as I go up and down the streets, to hear the people cough and wheese, holding their sides with short breathing, when God hath put in my hand so great a blessing for mankind, and yet wil not make use of it, many that have knowledge of it; and

if

if I should go about to perswade them to it, ye wil imagine I do it for my own advantage: There are some that have much to answer for dissuading well-minded people against it to their hurt; I pray God forgive them; it is evident that they themselves can do nothing in this case, but are just like the dog in the Manger, that wil eat no hay himself, nor suffer the horse to eat it; notwithstanding a volume might be written of its power and efficacy, which is true and real touching its present help in the cases aforesaid.

Likewise for all kind of Scourings and Fluxes whatsoever; and therefore it is truly said, that it is a Corrector of all poisons within man's body, from his head unto his feet.

And helpeth the patient to cure, except it be over long decocted, that it become Cronical; yet then it gives perfect ease. 15

The cures which hath been performed in this four or five years last past, are too many here to recite: I shall give you a few instances, such as came at the present into my mind as I was a writing, by which the rest may be the better guessed at.

A woman that is now wel and in health 16
(ready to bear testimony if there were occasion) comes to me, and pressed me to consider her condition, which indeed was

very

very lamentable and ſad; for one of her legs was all out, or very near as big as my waſte, with ſundry ſtinking Fiſtula'd Ulcers running in it, which I was not able to look on: This leg in growing into this condition, ſhe told me, was ten or eleven years, and all that time ſhe could get no help, but had ſpent what ſhe was able, in vain: I gave her of my Pills at a ſmall rate, conſidering her condition, and willed her to prove whether there were likelihood of help by them, to apply nothing outwardly, but to waſh it with her own water, or with Bran-
17 dy-Wine; ſhe accordingly did, keeping it warm, as ſhe ought to do, and ſo gave my Pills time, which ſhe accordingly did, and at firſt they did not onely ſweat her out of meaſure, but did throw out abundance of filth out of meaſure at the Ulcers, that did greatly wet her bed in the night; ſhe began to be fearful, and I perſwaded her to patience, whereon ſhe continues her order; and when they had thrown out all that was fit to be thrown out, then began the bigneſs of her leg to abate, and ſo with abundance of eaſe ſweetly took down her Leg, and healed thoſe Ulcers unto her great wonder; and when ſhe was near whole, and had but one hole in her Leg open, and the greatneſs of it gone, and that Leg no bigger then the

other

ther; some of her Gossips perswaded her, if she did not keep one of the Ulcers open, that she should dye: I think she was near six Months in bringing her Leg unto this condition, and then she left off, that so the hole left might run stil; and so it did, and by degrees her Leg begun to swel again; and I on the other side wondered what was become of my Customer; for my counsel to her was, That if the Pills healed them all perfectly, she was a happy Woman, and ought to give God thanks for it; and further, That if they were all whole, she would yet continue taking of them for at least three Months, that her nature might get strength, and find other purgers then at her Ancles, considering for how long time her 18
nature had Been debilitated, and other emantuaries found, vvhich Nature did not ordain; but she forsaking this advice, as is aboveſaid, relapsed; and finding that her Leg began as fast to go back, as vvhen she used the Pills, it did to heal; she fel to vvork again, and followved the taking of the Pil, as she ought, and through God's mercy perfected the cure, as is to be seen at this day; and novv it may be she sends for a quarter of an ounce in three or four 19
months. Unto God vvho shevveth mercy to the poore that put their trust in him,

be

be all praise and glory for ever, *Amen.*

There came unto me two or three men of good quality, and brought with them a Countrey-man about twenty years old, extream lame and weak of the Palsie, so sore that he could not button himself, nor put on his clothes, nor feed himself: I gave him six Pills with a little Oyl of Amber of my own drawing; he never came again so much as to return thanks (I hope he was thankful to God.) A while after I met one of the Gentlemen that brought him to me, in *Abchurch-Lane* end, in *Cannon-street*, by meer accident; he gave me many thanks for my love unto his friend, and told me that he was gone down into the Countrey again very wel about his business, and had strength and use of his hands and limbs, to his great joy and comfort, praised be God.

I wil now recite you here another, I think as strange a cure as any hath been done in this latter age of the World; and truly had I not done it my self as a weak instrument, I should very hardly believed it: And truly I wil not vary one tittle from the naked truth, to the best of my understanding and knowledge; and it was upon an Inns of Court Gentleman, that was once of the Kings Army a Colonel, he being desperately

ly

ly sick of a very foul and desperate disease, & had took many Pils, wherin much Quick-silver (as is supposed) had been put; but Procured nothing but signs of death, that his Messenger told me he never looked to come off his bed; a bold Woman came to me without any guise or colour, & told me plainly how it was with him; and I not much caring for such kind of Patients, gave her about six Pills, & sent her away, & bid her as he liked them, to send to me again; she soon came again with these words in her mouth, *The Gentleman saith that he never met with an honest man till now, and doth entreat you that you would not slight him in this sad condition, but go forward with him; by what you have done already, he is in hope of sudden cure; for by and by after one of your Pills were in his belly, the sore wracking of Limbs, and gnawing of his Bowels did cease, and that he is greatly refreshed with them.* I sent him more of the same, with order how to use it more effectually; shortly after she came for more of the same, and then she did assure me, That my pills and drink which he took, had such wonderful effects upon him, which did almost fright them, but that he was hearty and eat his meat, they should have feared, for all his hair came off from all parts of his whole body, and also his whole skin came off all over his

his whole body, and also all his nails, both on his hands and feet, came off from him, without any violence fel off of themselves: I do protest as in the sight of God, what is said, is true, to the best of my understanding; and about three Weeks after I began with him, or thereabout, this Gentleman came to me, and shewed me his naked body, which I was loath he should, and not one hair upon him, but a fresh skin, as of a young child; indeed he looked shotten and wan, as one that had been sick, and so he had: He told me he was as well as ever he was in all his life; and that which made me more to wonder, was, that the nails of his hands did then begin to peep out, like the little white that is at the root of our nails. I may not handsomely say any more; I bless God that hath guided me to speak what is very true, and nothing but what is true.

Over long colled, that it become Cronical.

Through length of time that humor commonly called Peccant, or Acrimonious, or Tartarous, although its beginning may be but some ordinary cold, yet being long neglected, and many noxious humors thereby ingendered through long circulation, 'twixt heart and brain; these two being the extremities of heat and cold; I say, with subjection that these humors 'twixt

heat

heat and cold; the heat of the heart which cauſeth them to aſcend, and the coldneſs of the brain cauſeth them to deſcend: This work continued, thoſe Rhumes muſt needs grow fixt; and conſidering that the ſalt of nature willingly joins, as Salt would be in water as his proper Veſſel; hence ariſeth thoſe groſs Diſeaſes called *Cronical*; ſo called, becauſe they are out of the reach of *Gallenical* Phyſick. Every common Chymiſt doth know, that long ſublimation or circulation doth fix the ſubject, ſo that Diſeaſes of this gender are for the moſt part incurable; and let all be warned betimes when their head and teeth ake, and Rhuemes in their eyes, they ſlight it becauſe they to appearance do a-mend; and many indeed doth, and too many fall into this gulf, which doth not ſo appear (it may be) in ſeven years after; by that time their Rheumes get a Crown upon their head, they grow ſurly, and appear in divers manners: As firſt, ſore pain in the head; then the evil of the eyes, beware of blindneſs; then out goes the teeth with great pain; or elſe when this humor becomes more groſs, then out they go with the Scurvey; then beware the Lungs, it is now grown ſharp and corroding; then look unto the region of the Bladder and Kidneys, and all the griefs that do attend them: But if it do eſcape theſe, then look well to your hips for

the

the Sciatica; and if you escape that, then beware the feet: I know wel that *Paracelsus* prescribes a four-fold ground or Radix of all diseases; but it doth not bend with my brain: I think it all lieth here, and touch one, and touch all; and let that Medicine be produced in the world, and appear, that is like unto my Pill, that will both ease and cure these, some and all of these. At least, consider what I have said, and what further shall be said concerning it, it hath pretty well spoke for it self.

34 There are hundreds of other diseases, which all hang on this root; for as all diseases take their beginning of a Surfet, of one kind or other, so do they all finish in a Consumption, called death, of one kind or other; and their variations are from the several complexions and temperatures of men, and their mixture, as Sanguine, Choller, Melancholly, Flegmatick, their temperature, whether hot, cold, moist or dry; and the several compoundings of these, all which passeth my brains: I do not know them for my self, and therefore undoubtedly cannot know them for any other, neither do I take it upon me; but my work teacheth me to know, that long circulation doth produce fixing; and when fixt, it's effects are more or less strong or weak, much or little according unto the degrees thereof.

A man is therefore truly called *Microcosm*, a little world, a world indeed of wonders, *Solomon* saith speaking of man, God hath set the world in his heart, and who can find it out? And in his Book of wisdom, where he promiseth to teach us all wisdom, and the beginning of it, and whence it is, he telleth us something of his own beginning, that he was born of a Woman as all others are, and more he teacheth, but of that nature, wherein he whispereth that man is the seat or subject of true wisdom, which you may read at your leisure.

A late, but expert Philosopher telleth us in one of his Riddles, that he had been all his life time sailing twixt the Artick and the Antartick Poles, which in another place he calls his mouth and his belly; and who is so wise as to see the mystery of hunger, and what is it that hath power to satisfie its draught or attraction; and when hunger is satisfied, what the operation of nature is, untill it came unto the Antartick or Expulsive Pole, how forcibly nature will throw out the feculence, after curious nature hath drawn and elaborated the subject, and separated the quintescence; so that this little world hangeth upon the two Poles, Attractive and Expulsive, now then if there be a man in the world that knoweth himself,

then would I ask what that man is ignorant of, but if thou couldest as it were go out of thy self, and could diligently converse with thine own Intelligences, and the operation of the threefold world in one, *viz.* Celestial, Intelligible, and Terrestrial, or Bestial, mixt with infernal thorow the fall of man. I say, the vast Latitude and extent of man in all respects, thou wouldst find him such a mystery, as hath whole nature contained in him, and consequently the variety of his Ails are accordingly; vvhence very many take their root from the mind, and very many from secret Sympathy and Antipathy, vvhich vvith a vvitness shevveth the presumption of Pispot Doctors; nay that man, or hundredth man, may be truely called vvise, that is able vvith their tongues to give a true Character of their one Ails; vvhich I speak it boldly, not one of a hundred is able to do, and God knovvs they are administred to accordingly; all vvhich duely considered, thou vvilt see reason and cause vvhy the Ancients spent their time in searching out Medicines Universal.

I have therefore from the serious consideration of the premises, vvholly set my self unto the study of Hermetick Physick, and that is vvholly set on tvvo things; Universality for safety vvhen vvisely administred, and

and Universality in operation; and let it not seem to thee as a new or strange thing; this is evident in the Books of the Antients as the height of their skill, and nothing more frequent in all their writings then receipts of Medicine Universal; as all that read can bear witness; and if I should give you their receipts, it would swell this little Book unto a great Volume.

I do affirm unto all men that there is nothing contained in all the three kingdoms of nature, *viz.* Mineral, Vegetative, and Animal, but that it doth contain in it self Medicine universal; suppose what you will in the world, if he grant that which no man can deny, *viz.* That all things created by the blessed Trinity are made of three, Salt, Sulphur and Mercury; then take I pray you what individual you please, suppose it to be a Vegetable, any Herb of any kind; for the *Arcanus*, or Spirit of life, is the same in all things, and separate by a natural process, these three substances; give them their due cleansing, *viz.* for the Salt give a natural calcination; then dissolve, filter, coagulate, and again calcine, repeating these so long untill they will yield unto thee no more *Fecis*; but be sure thy calcination do not excite too much, for thy Salt doth consist also of three

sorts, a fixed Salt, and a Nitrous, and a Volatil; and if thou stir him too much, be sure thou wilt give wing unto the Volatil; this wisely prepared is a great treasure: be as careful and as natural in the cleansing and rectifying of thy Sulphur, and likewise of thy Mercury, each one according unto his kind, and being cleansed according to Art, then conjoyn them according unto the poise of Nature, then feed them by *Vulcans* hand, but let not his Bellows be too big until all be united again, and do fix and make it lively; this Work being finished, I do demand of all men what this wanteth of an
26 Universal Medicine, or fifth Essence. Now that Salt, Oyl and Water, will really become a body, is evident; for the mediation of Oyl, or Fat, or Sulphur, binds or brings together the two extreams, *viz.* Salt and Water, the one being fixed of kind, and the other being Volatil, the sweet Mediation of Sulphur brings these extreams into unity, and this is apparently seen in a vulgar working of Sope; and although that working be violent and unnatural, yet is there such a conjugal embracing each other performed, and that in few hours, as would puzzle a good Artist to undo easily for some months, if it can ever be done at all; It is not fables I speak of, nor scrapt out

out of books without reason, but is the daily work and labor of my hand with reason upon experience that enforceth me to believe this matter, and I have spoke the more unto it, because many that want not ignorance do laugh at an universal Medicine; 27
but I am upon good grounds bound to believe, that all and every thing in the world hath it, yea the most despised creature that the most high God hath created and made; and further I freely grant, the least or worst of things that have being, doth carry so much of the Wisdom of its Creator in it, that the more I have and do labor to know its extent, the more I am at a loss, yea indeed I become the more a fool, confessing freely that I know nothing as I ought to know it; and if of creatures thus to speak in general, then what shall we say of the most choicest creature, man; this then I do certainly take also for granted, that there is no sickness or Aile attends the body of man, but his cure is of and from his own body, he always hath it with him, if he knew how, and what, and when to apply it to himself, either of his substance, or of his excrements.

From hence may the miserable estate of poor man be discerned, who of all creatures when he is sick is the most helpless, miserable, full of tormenting pains, and as igno-

rant of his own cure, or what should cure him; for men in health think not on sickness, until they be sick: but spend their time in the bestiality and sordid covetings after the things and pleasures of this life, blinded in sin, and drenched with Surfeiting, either abusing Gods creatures, or themselves in inordinate desire after them; so that they neither know God in his word, nor in his works, nor themselves, or what is good to help them; one word further which sets out mans misery, and I hope may awaken some to amendment of life, I would ask, why is it a man suffers such intollerable pain in sickness and death more then a beast? I will give two reasons for it; First the intirenenss of natures composition, together with the length of time in his maturation, for things wherein nature hath but a weak and short time of coction, admits of an easie and sudden dissolution or separation; every one in every thing discerneth this: but man hath the most perfect composition of any thing that hath an animal life, with sence and feeling; and add to that, the great time he requires, before he come up to his ful strength; this must needs require some hard knocks in the dissolving, as well as it did receive time and strength in cocting. Secondly, that which is more then

this, is the force of his imagination and apprehension both of death and of God's displeasure for sin, all which doth make him so mightily sensible, that the terrors of death is oft born before it comes; as in *Agag* King of the *Amalekites*. A word to a wise man is sufficient, because this is not my proper discourse intended in this place.

What hath been said, let it admonish all men as they tender the welfare of body or soul, not to be unfurnished for either, assuring that they wil not be hurt by true knowledge, and do therefore conclude, that the Medicine that strengthens and comforts the Vital Spirits, fortifies the heart, and purgeth and cleanseth the blood, is an universal Medicine; for what temper or quality aboundeth and exceeds the poise of nature, that is he an enemy unto, as if a man have a Fever, that I suppose will be granted to be too much fire, he is a perfect enemy of that, or if wind, drives away that; these things are common with me performed with my Pill, judge of it as you please; and I shall count it sufficient through Gods rich mercy and goodness, frequently to cure, and frequently to ease pains and ailes counted incurable. 28

It being taken for granted, that all diseases for the most part proceed from a poisonous quality, Hetrogenial

trogenial to Nature: If any man list to deny or dispute this, I would gladly be informed by him.

29 *For Agues, if this Pill be taken in reasonable doſe two hours before the fit, and a Glaſs of Sack or Ale drank after it.*

That is to say, ſo much as the Patient finds by good experience that they can bear, and obſerve this order; two hours before the fit comes, take two Pills, and in the interim of fits take one Pill.

The Patient being put into a warm bed diſpoſed for ſweat, at three times taking it, for the moſt part is abſolute cure, let it be never ſo malignant.

The Pill working by ſweat principally in this diſeaſe, requires a warm bed, and that two hours before the fit, becauſe by that time the Pills will contribute their virtue all over the body; ſo that inſtead of having a cold and ſhaking fit, the Patient will be aſleep, and in a fine ſweat; provided that you have given a right doſe, that is, ſo much as the ſtrength of the Patient can bear, and the diſeaſe doth require; it hath fallen out oft, that one Pill alone hath cured an Ague; and it falls out that ſome that are compounded with other diſeaſes, will not be cured with twenty; yet all do feel their benefit at the very firſt taking of it, which will give them encouragement ſufficient to perſe-

perſevere and give it time, if it be ſo that the diſeaſe require it; for you may take notice that the Ague is but the beginning or fore-runner of many other diſeaſes, far worſe then it ſelf; as Dropſie, Scurvy, Jaundice, and oft times Conſumptions; yet ſhow the bounty of God, I have helped many far gone with all theſe, with this Pill, and very little other things to help it: it is alſo to be noted how irregular many are in the uſe of means, which wil neither give themſelves time nor reſt, but finding their fit at the firſt and ſecond taking to be gone, wil no longer be ruled, and wil take no more; and thus in ſix or eight days their fits come again; whereas indeed they had need to take them at leaſt fourteen dayes after the fits are gone, that nature may get ſtrength, and the blood throughly purged; and ſome that wil not be ruled, have come again and again, and urged, their buſineſs permitted them not; but ſome of theſe, by that time the Winter hath come unto its depth, their buſineſs hath permitted them to dye. I do make mention of this to ſecond my admonition; and I do warn and charge, that although the firſt Pill that you take, to your thinking hath conquered your Ague, that you notwithſtanding expect it, as ſoon as the power of that Pill is

wrought out, except you supply with another, and that for some time, you may fear its coming again; there is not any case wherein people have more abused themselves, and me in my credit and Pill, then in this business of Agues; all which might be easily helped, if people would follow home, as they should; but let him that is disposed to play with his Ague, assure himself, his Ague wil not play with him; neither let him think that it wil be set going with one violent potion; for experience telleth those, that so doing they do but drive themselves into the Dropsie, as extream vomiting with unknown powders, not but that a vomit is rational and necessary, with other means; there would be no end for me to write particulars, the cures have been so many, for many hundreds have been cured herewith, and many have helped their friends with my pills, whose faces I never saw, and they are a living testimony of the power of my Pills.

31 *The like for all kind of Fevers, onely in stead of Sack drink white wine; but if the Fever have got head before this Pill be taken, and the patient weak, and wanteth the benefit of nature by siege, there is a proper Glister to be taken to cleanse, open, and cool the patient; but upon their life not to neglect the taking of the Pills.*

As

As to Fevers, through the bounty of Almighty God I think greater wonders have hardly been seen, how speedily and effectually this Pill in few hours doth over-rule the disease, and in a little time doth cure them, as may appear by the instances following: One of my neighbors comes unto me, and brings another with her, and desired me to visit her daughter which lay at the point of death, about eleven or twelve yeers of Age; her sickness was an high Fever accompanied with extream shortness and want of breath; left off by a very honest and able Doctor, who told her Father and Mother, that if she desired any thing, they should give it her, for he would not prescribe or give any thing more unto her, and further, that she could not live untill the morrow morning; she also said, that she would desire me if I thought good, to give her any thing, if she should dye, yet it would be no discredit unto me, for they all looked upon her as dead, although she were alive. I went with her, and took of the extract of my Pill, and truly I never saw in all my life greater weakness, and yet live; at her mothers intreaty I gave her half a spoonful of my extract in white-wine and Sugar, and said, if it please God that she do sleep and sweat (for neither of them she could not be

brought

brought unto) I do not much fear but that she may yet recover: while we were speaking a very little while, her mother telling me the manner how she fell sick, she turned her self about, said she, I think my child is a sleep already. I wished her to feel on her fore-head, and it was a little moist, I caused all to depart the room, and I went home; this was at four in the afternoon, and just about eight, the neighbor that came with her mother, came in great haste, and told us that she had slept and sweat all that while, and now she was awaked, and called for meat, and they desired to know what they should give her; I will say no more of this, what is said is true, and will speak for it self, it is sufficient through Gods wonderful blessing upon the Pill as the means, this child is in perfect health, as far as I am able to judge, neither do I doubt but this with other instances will stand in the face of envy it self, praised be God who giveth me many such like witnesses, whose record is true, and will stand on my behalfe both in heaven and earth.

33 Another instance I will give you more strange then this; a Gentleman wel known comes to me, with a grave Gentlewoman with him, and he told me he had an onely son of about thirteen years old, who had laid sick of a Feaver about seven dayes,

and

and that he neither did eat, sleep, nor sweat, but did burn as if he were on fire, and that for want of rest he did talk idle, and that he had used meanes uneffectual, and did much fear his life, desired me to give something that might do him good; I gave with him a little bottle of the aforesaid extract of my Pill, and willed them to make haste and presently give him one spoonful in two of White-wine and Sugar, which as it appears they did, I told them as I did unto the other, that if I did produce sweat and sleep, I did not doubt the recovery of his son (in an ordinary way of Gods providence) and that I had daily experience in like cases, and I further willed them to give him the like potion every half-day until he was well, if they thought good to follow my advice (which advice cost them nothing) about two dayes after the ancient Gentlewoman comes again with the same bottle, and I am sure I did hardly miss one spoonful, in so much that I would have forced her, if I could, to have taken all her medy again, but I could not; and she said that they made haste as I had ordered, and what was wanting they gave it him at that time, and he presently fell asleep, and also into a gallant breathing sweat, and so he lay asleep in his sweat six hours, for nature having

ving ease, the patient will soon sleep) and then he waked and called for meat, which they gave him, and it did well agree with him, to all their exceeding joy and comfort, and said she he is very wel, and doth continue sleeping well and orderly, and also eating his meat, and I give you a hundred thanks, and have brought you your bottle again, it may please God it may save the life of another, for he never took it but once. Now I do assure you, God Almighty, the faithful and true witness knoweth, that to my best knowledge I have not erred, no not in one tittle as to the substance of the relation; unto him therefore be all obedience, thanksgiving, praise and glory for ever Amen.

34 The general rules that I follow in giving this Pill, whether it be in a Pill, or in an extract, is to begin with little enough at first, wherein is both pleasantness and safety; for some have foolishly flung off, at once taking, because they it may be have slept an hour or two longer then they expected, and it may be sweat more then and longer then they were willing; these it is evident complain of ease, yet is it their own fault, for taking it their own way, and not after my direction.

35 *It helpeth all Headach and Toothach.*

Expe-

Experience which is the truest informer, speaks aloud in this matter also, for if a little Pill be applied unto the Tooth, it (while one can tell fourty) gives ease, and often times never troubles more for that time. I was once with two or three friends in cold weather, drinking a pot of hot Purle at the corner of Broad-street, the maid of the house almost mad with her Teeth, and her Mistris said she was ready to knock her brains out for madness, I gave her about four grains in a little Pill, and bid her lay it to the aking Tooth, which she did, and presently went to draw us drink, who came presently up again laughing, my friends thought I had conjured, they could hardly believe her that her Teeth did ake; she affirmed they were well, and all her pain gone. I gave her a Pill to take when she went to bed to make all sure, which it did perfectly, so that her teeth aked not while she stayd in that house. Many such like I might relate, but because I suppose belief in this must be granted it is so common that many do much help this way as I never hear of in all parts of the City and Country; but my advice is to take it in a good dose, & go to bed; and if the cold be great, to take three or four night after night; that is, one each night, so it will do thee many good offices, besides

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the help of the Tooth-ach; for if the defluxion of Rhumes be high, and there appear unto their present feeling nothing but pains of teeth; yet if they make not use of good means to stop and dry up that humor, they may expect the Scurvy, Consumption, or Dropsie to follow, whereby their lives will spend out in misery, and hast them to death: And for the head-ach, it is already help, and all kind of pains in the head; I never knew any grief of the head stand with it but one, and the Gentleman said it was called a *Vertigo*, what that is, I am not so wise; but this I know, that the party grieved said, he always was pained with a scalding twixt the skin and the skull of his head; and I think (but that I durst not to be so bold with him) if this Pill had been applied to the skull of his head, it would have reached it better: But for any other pain or grief, although never so bad, or of long standing, it doth overrule it.

36 *It dryes up dropping Rhumes, Catarrhs, which destroy the Lungs.*

Blessed be God I speak it with joy, the many which this Pill hath helped both in City and Countrey, which have been left of great and able men, and some of them so weak, that they have not been able to come

come to me: At this instant one man in *Northumberland*-Alley, a lost man in all appearance, both in his and his Wives judgement, even at once is a living Monument of Gods mercy, and the Pills power and efficacy: I do verily believe I might have Certificates of hundreds of this grief onely, if I would desire them, under their own hands, with their place of dwelling: I do know well, that the more good I am an instrument to do, the more some wil envy: I may not look to speed better then he that was without sin. *But five dead.*

Presently helpeth any Cold, Cough, or Surfeit. 37

Which is also true, that although a mans Cough were never so violent, yet shall he not cough that night he takes a Pill, til towards the morning a little, then it may be he may cough a little to cast forth his rhumes thickned; for lying 'twixt head and lungs, defends the one, and sends up sweet vapors into the other, that there is no coughing: Many people of great age at the gates of death to their thinking, God blessing this Pill unto them, are revived, and comfortably enjoy themselves, and are at ease, enjoying their breath in good order, which before was ever ready to strangle: I do perswade my self, that the World never

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injoied a more ſubſtantial help for all griefs of this kind; and let me tell thee plainly and freely, if the firſt Pill that thou ſhalt take, do not ſufficiently ſpeak for it ſelf, I do aſſure thee that I deſire to ſay nothing, neitherwil I perſwade thee to take a ſecond.

38 There was in *London* an aged and honorable Alderman, which for ſome years was much troubled with a Diſtillation or Defluxion of Rhumes from his head; this Gentleman ſpent and took much for the ſame of ſundry of the greateſt note, but to no purpoſe, as he informeth me himſelf; the firſt Pill of mine that ever he did take, although but a little one, did ſtop his Diſtillation, that he did not cough all that night, unto his great wonder; and I thank him, he did in my vindication ſend unto thoſe whoſe things before proved uneffectual; and let them know what one ſmall Pill of mine had done, which did win me and my Pills great credit. There would be no end of writing of particulars; we hardly paſs a day without experiences of this kind, thanks be to God; and for ſuch kind of colds as carry the ſymptomes of Ague or Feaver with them, if you take it betimes, and in reaſonable quantity, as the Patient may bear, it is ſeldom but that one Pill brings you off maſter; but if not (for it is

according as the ſtrength of the infection is) yet continue, and with ſmall patience all wil be overcome: I ſpeak by experience, for I have oft in cold and foul weather come home with the apparent ſigns of both Feaver and Ague, and then I haſt to bed, taking one Pill juſt preſently; for every minute would be to loſs; and about four or ſix hours after, I took another; always having by me a bottle of good Strong-Water, that in caſe of faintings I may refreſh my ſelf with a ſpoonful or two thereof, either by it ſelf, or mix'd with Ale or Beer; and keeping this order, that Fever, nor one in ten ſtays with me above twenty four hours, or to keep me in doors all the next day, if the weather be favourable; and for any ſurfeit, either of diet, drink, or labour, or any other way, it is as ready help as poſſibly the nature of the diſeaſe wil permit; but if the Surfeit be by meat or drink, it wil work variouſly, ſometimes by vomit, and moſt frequently; and ſometimes by purging onely; and ſometimes by both; and if the Surfeit be long taken, it wil work higher then by ſweat and urine, and will cauſe the Patient to break out more or leſs, according as the nature and degrees of the Patient is, whereby through the bleſſing of God, it hath eminently ſaved the lives of many, as I

will give you here a few instances,

A lusty and strong young man, upon strong labor being both hot and dry, met with smal Beer, and he drank freely, which did chil his fat and blood within him; he suddenly was sensible, and betook himself unto his bed, where he lay in a desperate condition, none expecting his life could be saved; his wife comes to me for him, making great complaint that they had spent all that they had, and words to that purpose; I gave her Pills, and heard no more of her; about three or four months after, by a meer accident I was with some, where also this man was in company: I knew not him, nor he knew not me, till by the discourse of the company he gained knowledg that it was I who gave pills at the Tower; and he did there before them all make a relation of his long sad condition, and that his Wife found favor, said he, with this Gentleman, who gave me freely a smal pot of stuff to make Pills on; and the first Pill, said he, that ever I did take, I did find my spirits revive within me, and I never had more: And Sir, I crave pardon for my unthankfulness unto you, and now give you a hundred thanks, for under God you saved my life, &c. This man is always ready to speak to the full height of what I have

said,

ſaid, and much more both of himſelf and friends.

Another man coming up from *Mancheſter* in cold weather, a man that uſed to be much in the fire, and alſo to keep company; by that time he got unto *London*, his ſpirit was ſpent, having got Surfeit upon Surfeit; and being both perverſe and alſo covetous, reſolved to dye rather then fall into any Doctor, Apothecary, or Chyrurgeons hand. his Brother and Siſters perſwaſions were all in vain, he being reſolved to lay his bones here, as he ſaid: at laſt his Brother thought of me, and ſaid unto him, that he would bring a man to him that was neither Doctor, nor Apothecary; then he began to hearken a little, but what was I then? An Alchymiſt (which he underſtood as well as *Walthams* Calf). I was brought (for I could not ſay my friend, his brother, nay) and found him in a lumpiſh, heartleſs temper, and burning in a Fever; he regarded little what I ſaid, neither would be perſwaded to take any thing; till I having made three little Pills, and firſt I took one my ſelf, then his brother took the ſecond; and when he ſaw that, he for ſhame took the third: It did vex me, and yet it was ſome pleaſure to ſee the hoggiſh temper of the man; I haſted, and made two, and left them for to take at

other nights, if he liked the working of that in his belly; and all that I made was but little ones, partly because of the man's timorousness, and partly because of my self being from home; I willed him to haste to bed, and be kept warm: I came the next morning to see my Patient, he coughed, and told me he was much better, and gave me many thanks: His brother protested that they heard him break wind in the night (as he and his wife lay in the Chamber over him) as if he would have blowed the bed from under him; and also when he came down to see him, that his Rugg with which he was covered, did stand all on a dew, his sweat coming thorow all the bedcloaths. He got up while I was there, and did eat a little of a neck of Mutton the first meat that he did eat in *London*; and as I stood talking with him, I thrust the two Pills together, and made up the number out of my Box, which he did not perceive; but the first had done the work, for they both did not near work so high with him as the first did, and in three days time this man was as well as ever he was in his life, and as chearfully went about his business; Unto God whose commandment gives healing, be all praise and glory for ever. I confess I did receive too much respect, being

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but a poor weak instrument of so great and miraculous a work, considering the time of its performing, and I was as thorowly rewarded; for when he returned to *Manchester*, he sent me the best *Cheshire* Cheese he could buy for mony, as he promised me for my cure. I have given you the particulars, with their circumstances, in this and diverse other instances for good reason, which is, That the ignorant thereby, together with my punctual direction, might be well instructed, how in all cases they order themselves in making use of this Pill; for by experience I find, both say and write what I will for direction, many forget, and many wil do what they list; but I hope all will hold me excused, having afforded rules in abundance for direction, *viz.* Be sure at first to take little enough, and by little and little come on in quantity as you can bear it, and as your condition requires it (a wise man will cut his meat with his knife, but it may be that a mad man will cut his throat therewith, yet notwithstanding the knife is good and necessary).

One instance which comes now to my mind, I will tell you; A very good friend of mine well known amongst Trades-men, was feasted by his Landlord at the time of

paying his Rent, with Veniſon and Reſpaſs wine, and being free and merry, did eat and drink freely thereof, but did not at all digeſt the ſame: Thus on Saturday morning he found himſelf indiſpoſed, and not well all the day, and grew worſe and worſe; at night he took one of my Pills (always having them in the houſe ready upon all occaſions) and goes to bed, in two hours time he begun to vomit, which he did very much with much illneſs, and as it may be ſuppoſed, wanted the moſt part of the benefit thereof (in that caſe I would adviſe to have taken another) notwithſtanding he vomited and drunk much all night with great violence, and he burned inwardly, and was moſt unſatisfiedly dry (his drinking was out of meaſure) but ſtil inwardly burned worſe and worſe; and being ſpent, grew very weak and feeble, inſomuch that his wife and friends did deſpair of life; and I being locked up in the Tower, could not be ſpoke with till betwixt ſix and ſeven in the morning. Being ſent for I haſted, and took with me one Gill of my Antidote, for Pills I knew they had in the houſe; and when I came to him, he was ſo weak he could not ſpeak unto me; his face and noſe, his hands and feet were all as cold as earth; I had little hopes of his life, for contrary

unto

unto these his stomach did burn like fire, which indeed caused him to pour into his belly so much small beer, and by this time had no strength to evacuate it again, that his Surfet now was double, as well from unreasonable drinking of smal beer, as of Respas Wine and Venison; with his Wives good liking I gave him three spoonfuls of my Antidote in four spoonfuls of Treacle water (praying for a blessing, yet much feared his life) it gave him a little ease, as we conceived by his quiet lying; I hoped all vomiting had been staid, thinking that to have been the best for him; he lay still while one might tell treatably half a thousand, or thereabout; then he began to stretch out himself, and turned up the white of his eies, we all that were spectators was sorely distressed for him, expecting nothing but that his last breath was going from him; but contrary to our expectation he gathered up his feet, and twisted himself about, and started up, a great Bason much like a Barbars Bason being ready, which he had used in the night, and there at once comes up such a full torrent as his mouth could admit, which quickly filled the great Bason, such a vomit as I never beheld in all my life, and am perswaded never shall again, and in the end of it comes his Respas Wine, and his Venison unwrought on by nature;

for

for it is evident, that all the former vomiting did not reach the root of the matter: this vomit being over, and another Bason ready, he gave again another easie strain, & brought up again my Antidote just as he put it into his belly, both for quantity and colour, as near as we could guess, look you, (said his Wife unto me) here is your stuff again: Well, said I, blessed be God for this stuff, he hath done well for this time, the Lord make us thankful; I would not for more then I will speak of, your husband had dyed, you would have thought ill of me and my Antidote: Through the goodness of God this man was about his business in two days time: This my friend, with all the rest present, are ready to witness what I have said, and more, touching this matter. Unto God Eternal, Immortal Lord of life and death, be praise, and honor, and glory, for ever, Amen: For he taketh the strong and hardy, and casteth them unto the dust of death, according to his Will; and again, he taketh that which is ready to dye, and restores it to life at his good will and pleasure; and who is he of the hardiest of men, that can withstand God?

41 *It removes pains of the Breast, trembling of the Heart, cleanseth the Blood.*

I have not known any pains stand before it, in Feavers, or any other grief, wherein

is great crying out of pains and oppressions of the breast, but the first Pill gives relief. There is a very aged woman by me on Tower-hil, hard by the Scaffold, who was almost off of her legs with extream trembling and aking of her heart, which was occasioned through a fright and much grief, and she took this Pill for almost, or altogether these three years, and thanks be to God is now lusty, and far stronger and better then when she began to take it at first. That it is a forcible cleanser of the blood, it is evident by its universal sweating, and purging by Urine.

It helpeth sudden fits of Swooning, and Convulsions. 42

A young man very much troubled with fits, and oft would fall down, and foam in his fits, (I do not know what to determine them to be) and with the use of this Pill, and my Oyl of Amber, found present relief, which he thankfully acknowledged beyond expectation; and very many of each sex and age, frequently have received the like benefit.

It drunk with white wine, cleanseth the reins and Kidneys of Gravel; openeth the Urinary passages, drives out the stone, if it be not congulated, and oft times at urine sends forth like sags of cloath or paper of sundry colours. 43

Of its power in cleansing the Reins, Kidneys and Bladder, many hath plentifully found

found by good experience, to their exceeding joy and comfort.

A good friend of mine going to *Colchester*, finds a Kinswoman very sick, and near death, of the stone and gravel; he gave her two or three Pills, I am not certain, but he brought me home five or six stones of considerable bigness, ful of sharp spikes, as pin points, and three-square, which I have reserved; they also seemed as if they had been hung upon a string. Many more there were which we have not; but through the goodness of God this Woman, although near eighty, at once recovered hereon, praised be God.

A man that came from *Ireland*, who had married an *Irish* Whore, who had a Husband of her own Countrey-men, did poison this English man three times, the last time wrought so strongly, that it took him off his business, his hair and nails came off: This man (very weak) came to *England* in hope of relief; this man had a perpetual thirst, and did drink without measure, but could not urine it out, so that he was swelled ready to burst, and all means which could be gotten, could not help him, until God so ordered it that I heard of him; for a very good friend of his did desire my charitable assistance: I sent him six Pills, which wrought such happy effects, that after one of them given him, he fel

of a making of water so out of measure, that he filled what was by him for that service, and then had no retention, but let all go in his bed: His friend had for him one quarter of an ounce more; I never saw the man, nor never heard more of him; but what I have said is the true and faithful relation of his friend, as near as I am able to give it you.

A very old man in Ducksfield-lane, lay at the point of death with the stone, and could make no water for many days and nights together, so that in the judgement of his neighbours, there was no hope of his life: One of his neighbours which did know the worth of my Pills, came unto me, and desired me to administer unto him. I told her that she knew well enough that I never did undertake any thing, and that she knew well enough the force of my Pills, and if she would venture to give it him, I would give her some, but to give it him by my advice, I would give none, blaming her for letting it be drove so far, and the old man near death, she replied, the case was desperate, and other means was uneffectual, and she would give him a good Pill, although he did dye, for there was no way else but that for him: I gave her Pills with her, she gives him a good Pill, the old man by reason of pain had not slept for many nights and days, he presently falls asleep, and slept

four

four or five hours, and when he awaked, cal
for a pot, and did so Urine, that they ha
hardly things to receive it; and of a sudde
this man was up and about his business. Ble
sed be God for all his unspeakable mercies.

A loving friend of mine who lives at pre
sent at *Chartam*, who knew wel the worth an
safety of my Pill, by much experience he ha
made, having a friend of his that was much
troubled with the Stone, and difficulty of ma
king water; my friend gives him a good Pill,
and the next day as he stood straining against
a brick wall to make water, at last there flew
out a stone from him; and snapt against the
brick wall where he stood, of an incredible
bigness to be of a mans voiding; upon which
this man was wonderfully released, to his
great comfort; which stone my friend bring
to us, and we have it at this present by us.
Unto God Almighty be all thanksgiving for
ever.

44 A man comes unto me in behalf of his wife,
a young woman, that was desperately afflict-
ed, but none could tell her what her grief
was, notwithstanding the woman was weary
of her life, her pains and gnawing at her
breast was so exceeding much, and the most
conceived she had the foul Disease, (it was
indeed a foul Disease) and I did also mistrust
it, and I think the woman did likewise, but

notwith-

notwithstanding made many protestations for her self: I let them have Pills for their money, not doubting but they would make a discovery what the matter was; and so it was, that my Pills did provoke strong vomiting, and at last comes up (as her husband telleth me) a thing that either was a worm, or like a worm, but it had a strange kind of ugly head, and was at least twelve or fourteen inches in it: I did not see it, nor could hear any more of it.

A woman at *Richmond* a long time grieved, 45
but knew not what her grief was, but sore oppressed at her breast, a neighbour of hers gives her one of my Pills, which caused her to vomit in a strong and violent manner, she brought forth at her mouth clots of purified blood, and matter of divers colours, that hung together that it might be drawn out betwixt one's hands, and like jags of linen cloath or paper; through God's blessing it did preserve her, and she is in good health to this day, praised be God for his rich mercy and goodness.

A very ancient Gentleman well known in 46
the City of *London*, being much afflicted with the Stone and Gravel in the Kidneys, riding into his Country-house, received a very gentle fall from his horse upon the sand, notwithstanding it did stir him too much, insomuch as

that

that his Urine was all blood; and (as might be guessed in reason, that) the stones in the vessel wherein they were bred, being sharp pointed, pricked the Kidneys, which might produce bleeding: This Gentleman being careful of himself, caused a Coach to be that night sent for, and hasted to *London*, where in reason help might be attained, and such was his care, that when the Coach came in hard and stony ways, he got out of the Coach, and went gently on foot: He applied himself unto the best means for help, as in reason were to be attained, but still in vain, insomuch that he did much fear his life, by reason of his much bleeding, and as near as he could guess, he had lost above two gallons of blood and water: A friend of mine visiting him, perswaded him to take some of my Pills, which he did, and with good and happy effect, for it did both stop his bleeding, & yet also brought away handfuls of Gravel; this Gentleman came unto me for more of my Pills. And this is the true relation, as near as I am able to remember, and thorow God's mercy he is ready to attest above what I have written. Praised be God, who gives life from death at his good will and pleasure.

47 An Aldermans Wife of this City being also grievously wasted with a flux of blood, that her condition was very doubtful, a woman

man that I am perſwaded fears the Lord in truth, ſhe deſired to ſpeak with me, to take my Pills and in two or three days finds great relief, and in a day or two more was perfectly healed, and ſhe was about her buſineſſe. Bleſſed be the God of all our Mercies.

A woman by *Biſhops-Gate*, newly brought to bed, but very ſick of inward griefs, takes one of my Pills, which did bring a ſtone I might gueſs as big as my great finger end, but long, and one end much bigger then the other; her little daughter lighting on it, did bite off (as ſhe ſaid) the bigger end; and if true, then was it bigger then I have ſpoken; ſhe brought it us, and left it for ſome months with us: Further ſhe telleth us, that this Pill did bring from her by ſiege, a thick hard congealed matter diſcoloured, and like Orange Pills, at which they did more wonder then at the former: This woman did recover and enjoy much eaſe and health long after it. To the moſt High, who dwelleth with him that is of an humble heart, and trembleth at his word, be all praiſe and glory for ever, Amen: For I am perſwaded this Woman did truly fear the Lord, and put her whole truſt in him. 48

A Gentlewoman that was rich, but of a diſcontented ſpirit, being near the point of death, heard of my Pills, ſhe took of it, but not according to my rules, but did mix it with 49

ſtuff of her own; ſhe lived about 12. months after ſhe did begin with them, but got no ground, but grew weaker and weaker, till at laſt ſhe took the Pills alone; and when ſhe was ſo weak that ſhe would take no earthly thing, neither bread nor broth, nor any Cordial either of her own, or of any other bodies, ſhe would take a little of my Pill, and that alone did keep her alive, and ſuſtain her for ten days; to the great wonder and aſtoniſhment of all about her, and had the uſe of her ſences ſo far, as to be much troubled at her kindred about the dividing of her Eſtate, for ſhe had no Child, and was rich. This is a true relation, which the Nurſe (that was always with her) doth give me.

50. A very old man near death, and bed-rid for a good while, meets with my Pill I know not how, and did revive exceedingly; his Son-in-law being accidentally in my company, told me how it did lift up his father from the grave beyond all expectation: I willed him to be careful of him, and told him, that if he did neglect him one night, it would endanger his life. About three months after (as I do remember) I met him again; ſaid he to me, But that I know you are an honeſt man, I ſhould have thought you had been a Witch; for (ſaid he) we forgot to ſend for Pills till it was too late, and the next day my Father dyed; then I remembred what you ſaid. Ano-

Another old man near fourscore, being lame in his limbs, and also grievously afflicted with a Rupture, was bed-rid, and could in no wise help himself, not so much as to button his Doublet, and to all demonstration was very near his end: this man with the use of my *Pill*s, did begin to feel his arms and his limbs so, that he could do some necessary offices for himself, and continuing, began to stagger upon his legs, and to feel himself upon his crutches; and in short time this man first threw away one crutch, and then another; so that now at this time this old man wil go from *Ratcliff* to *Westminster*, and back again in a day, on his feet, about his business, with onely a little short stick in his hand, praised be God. 51

A very old man upward of fourscore, lay two years bed-rid, meeting with my Pill, did so recover, that (as his servant tells me) the last Summer he did buy him a horse to take his pleasure in the Countrey withall.

A Knight lay bed-rid and lame of all his limbs in the Kings-Bench, in such sort, as that he could not scarcely stir one finger, but his hands & fingers pulled on heaps; this Knight received six Pills, which did so happy effect on him, as at once untied and set him at liberty: he sent for me; I did not make so much haste to come at him, as he desired; my friend from

whom he had the Pills, goes to visit him, and he had took horse, and was gone about his business. Thanks be always given to God.

Also upon Tower-hill doth live another old man, aged fourscore and six years, who for some years lay bed-rid, and past hope, as to this World; this man with the use of my Pill, doth now comfortably enjoy himself, and ruleth over all his pains and ailes, and doth rise up, and walk up and down the house, and keep the fire-side warm, and prevents his kindred of their expectations, to his great ease and comfort. To God alone, who commands and it is done, be all praise and thanksgiving for evermore, *Amen*.

In *Coleman-street* also liveth a very aged woman, who for a long time went to *Fish-street* to fetch sewing-Work, and through much weakness made five or six restings by the way, with very great pain and grief, in a little time making use of my Pills, doth now go it with ease, and without any stop or turn; for which the old woman doth return all hearty praise and thanks unto God. I solemnly protest, that
52 I do in my conscience believe that I do receive more strength and nourishment by a good Pill, then from the best meals meat that ever I eat in all my life: And therefore the madness of those doth appear, which through their ignorance do charge my Pill with de-

stroying

troying Nature: but the best is, those that so do, are such as never took any of it; they may better be allowed to spend their verdict, both old and young that use it, find the contrary by good experience: for I do not commend a thing in the air, or beyond sea, but a thing that near, or altogether, one quarter of a pound is taken every night, and certain things concerning it may be attained: And I do wonder at the shameless slanders and forgeries of some, that one would think should a little more respect their credit; but it is best for me to let them forge on till they are weary: I am perswaded their lying is the way to make me thrive.

Some time since I met a very good friend, who was not well, I gave him six large Pills fit for his own taking, but they being all run into one by that time he came home, his wife made the six up into nine, and that night she took six of the nine, regarding not rule or order that I had given; and indeed any of the six had been a portion sufficient for her to take: This woman about twelve a clock in the night began to vomit, and so continued till ten the next day, and much foul matter it brought from her; and after she had gained rest, and received meat, she found her self well, and much eased of her oppressions. A while after I met her husband, who thanked me for work-

ing such a wonderful cure upon his wife: I replied, I never gave her any thing; then he told me what his wife had done, and said, that although he was afraid that she had killed her self, yet it proved very happily, for said he, your Pills have not onely cured all the pain and ilness of her body, but likewise they have
53 cured all her ill conditions too; at which I, and some friends with me, fell a laughing: Why (said he) it is true; for before she took your Pills, she was so apt to be angry and peevish, I could please her in nothing; but since she took those Pills, she is the lovingest woman that may be, and so pleasant, that I give you thanks for them for my wife, for I my self took none of them. Although this story is matter of laughter to those that heard it, and a Proverb unto this day, and it may be as ridiculous to you that read it; yet if you please to consider that it is pain that oftentimes makes peevish, the ease of pain doth remove away such peevishness.

54 A woman comes to me sorely afflicted a long time in all her limbs, and her torment was such as is not to be credited; the woman I perceived was exceeding sensible, and in most grievous extremity cried out; I hasted and gave her of my Pills: she comes the next day, and did so load me with thanks and praise, that my heart did ake within me, least

God

God ſhould be diſhonored; this poor woman giving ſo much to me.

A Lady of an honorable family in this Nation, was ſorely tormented all over her body, accompanied with ſhaking of joints, was held ſixteen weeks under no ſmal means, but to as ſmal effect; ſhe ſends for me in great haſte, ſhe deſired my help, I preſented her with ſuch things as I had, whereof my Pills was chief: The firſt Pill that ſhe took, took off her great pains, and when I came there about two days after, her pains was not onely gone, but her joints lay as quietly together as my own did; for when I firſt took her by the hand, her bones did ſtart and tremble, as if they would never come near each other again; I ſay no more, God wil requite every one according as his work ſhal be.

It alſo ſends forth by Vomit, or otherwiſe, clods of blood; breaks inward Impoſthumes to aſtoniſhment, and effectually eaſeth pains got by Surfets, Cold, or bruiſes, whereby many ſecret and hidden griefs are cured, which otherwiſe could not be diſcovered. 55

A Plummers Wife in Biſhopſgate-ſtreet, having five years before received ſome wrong in her delivery of two children, in which time of five years ſhe was ſorely afflicted with ſundry griefes and pains, and fits of falling and ſwounding, inſomuch that

this woman was very weary of her life, and whatsoever means she used it proved uneffectual to her, but her pains and griefs did stil increase upon her; and by accident I met with her husband at a friends house, who speaking of his Wives misery, withal said, As poor as he was he would give ten pounds for his Wifes help. I replied, and asked him if he would give ten groats: I gave him six Pills with him, and before they were spent, shee sent me word she was in a new world; and that she, for ought she knew, was as wel as ever she was in all her life-time; that the Pills thorow Gods blessing had fully freed her from her griefs; and that they did so handle her, that by vomit she did bring up such clods of blood, and congealed matter, that she was fain with her thumb and fingers to pull it out of her mouth; and further, that they did send forth by Urine as strange matter to great ease and comfort, although to her great wonder and astonishment; this woman remains in health to this day, and wil not spare to give testimony hereunto, thanks be given to God.

Another Woman being left for a dead-woman, took one of my Pills, which caused her to vomit up a pint of matter, as if it came out of a soar, which no doubt but it did; she sent for an able Chyrurgeon to see it, who said,

ſaid, it was better in her Baſon then in her Breaſt: She kept it two days for me to ſee it, but Haw it not. It pleaſeth God thus wonderfully to bleſs its uſe, for many grieved ſome years together, and cannot tell what they ail, and all that they do adviſe with, are in ſeveral rates concerning what they ail; this Pill when taken, aſſaults it, and by the Grace of God continuing with it, if curable, doth cure it.

A very old man upward of fourſcore, being very weak with loſing his blood at Urine, for above three years together, meets with my Pills, preſently found eaſe, and in a little time quite ſtopt his Urine of blood, and brought away by Urine abundance of Gravel, and Skins like jaggs of paper, for ſome time: This man hath uſed my Pill for this three years unto his great comfort, and at this day is very hearty, chearful, and in health, and his Urine clear as any other bodies, bleſſed be God, which takes away Youth, and renewes Old Age at his good pleaſure. And indeed it is wonderful to hear the happy tidings which people do bring us every day, and many who have affirmed to us, that they have ſold and pawned what they had, and ſpent it in ſeeking for help, but in vain, have here either for nothing, or for a ſmall matter, found cure, and doth fill our ears with the large acknow- 56

ledge-

ledgements of Gods good hand in blessing this Pill; and truly my spirit is much more refresht to hear such returns, although it be not a penny advantage unto me more then the receiving of money where I have truly deserved it. Unto God alone I desire with my whole heart may be ascribed all praise and thanksgiving for all his wonderful mercies which he is pleased to shew unto the poor and needy who put their trust in him.

37 *Furthermore this Pill helpeth the French Disease (commonly called the Pox, or* French Pox) *if it be effectually used.*

Before I come to shew its effectual use as to this Disease, I must crave leave to speak a little, but tenderly, to two or three sorts of people; for ordinarily this Disease comes not without abundance of wickedness, and I tremble to think of it, much less to set down its cure without protesting on God's behalf, against those accursed ways that brings men into it, and indeed were it not for the sakes of many good men and women whom I do judg in my Conscience to be chaste, and are infected through the wickedness and unfaithfulness of their yoke-fellows, I durst have said nothing of it all, and although these are but few in number comparatively, yet far be it from any honest mind to deny them help: *Solomon* in his Proverbs saith, *Stoln water is sweet, and*

bread

bread eaten in secret is pleasant: But they consider not that death is there, & that those steps lead down to hell; and such is the abhorring of my soul against this wickedness, whereby this disease is for the most part gotten and come by, that it is a sore fear left I should be a means to help any miscreant to sudden cure that is resolved to persevere in this abomination, and double his sins against the God of mercies; and forasmuch as the righteous judgements of God overtake the wicked, plagueing them even in the force of their lusts, shall I be an instrument of their relief yet to sin? God forbid it; but for those that truly repent, and shew it by a chaste conversation, I should think it a happiness to be a healer, an easer of the pains of all such; yea I profess my self the servant of all such: but as I said, God's just severity is most conspicuous upon these who sport, and as they imagine, pleasure themselves, striving to satisfie and fulfil (but in vain) their beastiality; and were they not left and given up of God unto a fordid slavery, unto the fulfilling the desires and lusts of their concupiscence, bond-slaves to hell and the devil, they would easily discern they labour altogether in vain; for can the Ocean, the Gulf, or Grave, say, *It is enough*? Or what man labouring to fulfil his desire, is not ten times further off by being vassalag'd more

more thereunto? Can desire be ever satisfied or filled? And so always is the Quiver of an Whore, always open, and cannot be filled, but like the grave ever craves, *Give, give*; and he that is appointed to perdition, is taken by her: The wise King tells us; That *a Whore is a deep pit, and the abhorr'd of God do fall therein*: A dreadful *precipice!* God grant ears to hear it, while the day of hope lasteth; and it is my hope to admonish by this unto the preservation of many; and how light soever this unclean wickedness is accounted, yet let all the guilty know, their names are accounted amongst those that shall not inherit Eternal Life, but for ever receiving their portion in the blackness of darkness, from the presence of the Lord for ever. O thou Adulterer and Adulteress, would God thou couldst hear; but thou, O thou who already hast received the beginning of torment, how miserable of mankind art thou above all others! And to thy further judgement know, that when thy now rotting body is destroyed, thou again shalt receive a spirituous body, capable of bearing and receiving a flood of wrath; and as then thou hast received a body spirituous, that shal remain unto eternity; so will the vengeance of God be poured out against all ungodliness: Now thou hast but a taste, and yet O how thou roarest out as thy limbs rot; but what is

that

that to that ocean or expanſion of wrath prepared? Let this awaken thee, if thou be not paſt feeling, to break off (I ſay) thy ſins by true and timely repentance; God Almighty open thy eyes to ſee thy re-doubled miſery, that ſo thou maiſt enquire after mercy, then the blood of Chriſt will be precious unto thee; but wo is upon us, who are born in a giddy drunken age, drunk, but not with Wine. And here alſo I cannot get forward, but muſt crave leave to trace this a little, and you wil be ſenſible that it lies concentrick with the former; and now I come to ſpeak unto a ſecond ſort of people, amongſt whom I believe there are many that have received in their ſouls the power of endleſs life; I ſpeak of thoſe that have ſhewed great zeal and forwardneſs in building Tabernacles for God to dwell in, who have poſted into Churches, and ruſhed upon all Ordinances, which things are good if performed with clean hands, and pure hearts; but wo is me when I conſider the works of the unwary, the headineſs and preſumptions of many; and in my time and obſervation, within theſe twenty five years paſt, having been an eye-witneſs of the beginning, riſe, and full of many: I cannot but ſpeak a word (although gently) unto theſe, and am forced to ſpeak it aloud, be-

cauſe

cause I by woful experience have found them dull of hearing; for many amongst them puffed up, have miserably faln into this pit, many of whom I fear have not yet repented, or if they have, yet bear with me, it is not yet to me evident; sure I am, this Pit is not for Saints to fall into, not many returns, although your way of returning is broad and easie; yet I much fear not so with God; it were wel if Justice in this case went hand in hand with Mercy, that those that sin, might be admonished, and fear, which is one principal end of rejection; but these alas, with ease find entrance, but not so with others in other cases less material: It were wel if you were clean every whit, notwithstanding the feet must be washed, the iniquity of the heel strove against; many lift their head on high, and I pray God keep them from falling: It is a dangerous thing for men to make Idols of Ordinances, to put more in the dipping of water, then in the regenerating of the spirit; there is a golden mean, he is happy that finds it, and walks therein; there is a promised spirit to direct when we turn to the right hand, and when we turn unto the left; too too many neglect or despise visible Ordinances, and too many plant Religion in them, and in divers forms wil prepare

Taber-

Tabernacles for the God of *Israel*; but unto us there is but one God, and one Rule of Righteousnes: Men wil at all rates have a covering, but the wo belongs to them that cover not by, and with his Spirit; Let me in much soberness enquire of you, (and it would be a joyful time if indeed you would consider) Whether your rash and hasty zeal, running upon Ordinances not spirited from on high, hath not been an occasion of stumbling, and of falling unto many, for having no sealing presence, but rather a barrenness which from thence as in your hands, may be called presumptious: I say, this discovers, that men seeing no beauty to enliven them, faint: How many have you with sighs complaining, that they are filled with deadness in your assembling, but at home when they exercise their meditations on the riches of free mercy in Christ, then filled with consolation.

You may note, that at this time, and in this place, I would say no more then to awaken you to consider how you have been an occasion of stumbling to many from the aforesaid grounds; I freely spare you, coveting rather to cover, then to discover, neither would I charge all for the faults of some, but this I must say, it is like to go ill

when

when the ruling ſpirit is the ſpirit of this World, when the whole head is ſick, and the heart heavy: What ſhould I ſay to make you hear, and yet cover you all over with love? The Moſt High cover you when he maketh inquiſition for blood, when his dead body ſhall live, when his righteouſneſs ſhall ariſe, when he hath purged *Jeruſalem* with the ſpirit of Judgement, and with the ſpirit of Burning, then wil he be a defence upon all your glory, and not-till then; but evident it is, your glory he ſtains, neither is he any defence upon it; an account muſt be given, *Who required theſe things at you hands*? When many ſhall ſay, *We have done theſe, and theſe things in thy Name*; it will be ſaid, *I know you not*; it wil be then, *Wo unto the ſinners in Sion, fear ſhall ſurprize the hypocrite*: That generation of men at this time wil be to ſeek, which ſay, *Stand further off, I am more holy then thou*; thoſe I ſpeak of, which are pure in their own eyes, and are not waſhed from their filthineſs; thoſe who ſeparate themſelves from thoſe from whom Jeſus Chriſt doth not ſeparate himſelf; thoſe who make dipping the ground of their communion, rather then union with Chriſt: It is a wonder to look back and conſider the fiery zeal of many, and whereunto it hath tended: God grant the reſt

may

may be admonished to pray and wait until the Temple be opened in heaven, and a lively Vision of the Ark of his Covenant: The presumptions of men now in this dark and smoaky day, is to be wondered at; but it is evident, no man can enter til the appointed time; and indeed it is evident, that excepting those Ordinances which are granted in common, which indeed are spirited; The other whereby they wil be known and distinguished, are without life, and is in their hands a carkass. All I have to say further, is, I beseech you in the bowels of Christ Jesus, consider how far you have been an occasion of stumbling, or Womb unto the gender of this third generation of men, whereof I come now to speak; for when men (as I may say) have found little but politick workings as men, and have not either discerned that beauty as doth of good right belong unto Gospel-Ordinances; or when men dishonoring God, use Gods Ordinances for earthly ends, it is just with God to give them up unto a spirit of slumber, to believe a lye, because they did not receive the truth in the love of it; nay too many designedly do get into Churches on purpose to heal their gauled consciences (little thinking what is required of them there) and shroud

under a cloak of Religion, gain being to them godliness: Mark by how much these approach, or do essay to come up unto the Primitive Pattern; assure thy self, so much the more wil the severity of the Highest be reveal'd against thee; whose firy eies of beauty & glory wil not bear thy hypocrisie: Remember *Ananias* & *Sapphira*, therefore I have observed wel what hath brought people to desire to get into this or that fellowship, whether to serve as Christ did, or to be served: to perform their own duty in humility, or only clamor upon their priviledge, for you shall perceive quickly who sent them thither. O how forward these wil be! apt of tongue, confident in opinion and fears, censorious, and this lasteth a very little while, and by and by he is beyond them, and now he is beyond the Scripture it self, and wil have it no judge of his spirit, but wil judge it by his spirit: Have I not seen these fall off by companies? What then? think not thou that I speak against the Commandments and Ordinances of the New-Testament (I had rather my tongue should be for ever cut out of my mouth) or against the Christian and Conscionable administring the same; but this is to shew how they have been, and may be abused, in doing of which a most accursed gender of hell is born into

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the World, which otherwise could not be; and I am constrained to unveil (as wisely as God enables me) this mysterie of iniquity, that you whom it concerns, may beware; and if the glory of God, nor eternall salvation will not prevail, yet that long life and health of body may prevail with thee; thou maist know, that the higher thou arrivest in the profession of Christ, the fiercer will thy fall be when not supported: *If that light which is in thee, prove darkness, how great is that darkness!* And if thou be a builder, look to thy self, that thy foundation be the true Rock, otherwise great will thy fall be; and know, the returning evil spirit doth bring with him seven worse then himself, and worse will be thy latter end: My heart bleeds within me, when I call to mind how many great Lights or Stars have been thrown from heaven, faln from the Pinacle of the Temple down to hell, from most fiery rigidity, unto all abominations; think not that I am not unfurnished of a Catalogue; miserable it is the rest are so blinded as not to lay it to heart, so to heart as again to take up their way, and whole walk, and that with trembling, and set straight steps unto their feet, lest that that is halting be turned out of the way also; I will at this time abreviate this Discourse for the truths

sake, which you have yet a pretence unto. I know there are a few Names amongst you which have not defiled their Garments, for their sakes I should count it a happiness to serve you. I will conclude with a relation of one of you, which I know is remembred of many of you; a fierce zealot, which was very conformable, as indeed did exceed; and I must needs say, from one word I once heard him speak, I had good hope that the truth had had some rooting in him, *viz. That he was so sensible of the deceitfulness of his own heart, that he durst not look upon a woman*: This man takes in that general tenet of all destruction, viz. *That the Scripture was a dead Letter*; this man, with the rest of his Accomplices, was soon inspired from the King of Pride, that they had in themselves the Spirit, whereby they know & judg all things, and also the Scriptures themselves; so that now their Spirit shall not be judged by the Text, but shall judge the Text: This infallible man was restless, and quickly threw off all Duties both publike and private, for a season; they must not speak til their Spirit moved them; but their Spirit soon moved them to make use of, and abound in their pure, or rather impure liberty, that is, to glut and satisfie themselves in uncleanness: This Wretch being

strong

strong, held out some time, but abusing himself in all blasphemies, riot and excess, in due time the Rot, or the Pox overtook them; but I speak of this one man, his torments grew strong upon him, and to me (of all men) he would not come or send; what he used as means, was to vveak: And thus for a long time he lived blaspheming God, and roaring out of his torment, at last he and his Wife using the mediation of another, sent to me, I could noo deny her 58
things for her mony, he was then past coming himself; she said, his heart was as whole and as sound as ever, and that he vvould eat as good a meals meat as ever, and digest it as wel; but except he had one of my Pills in his belly, he did lie rocking his limbs, and roaring out of his intolerable pain; and the next Week as she came to me, this Strumpet vvith impudence said, she should dye of no disease but the Pox; but her friend that came with her, told me, that as this man was sitting by himself, his Nose fell off from his face with meer rottenness.

I conclude with most serious admiration of God's righteous Judgements upon these, who in the prime of their days are taken avvay, and are gone unto their ovvn place for ever, to receive the fruit of their doings.

And that which doth much heighten my astonishment, is, that the highest doth so wonderfully punish this Wickedness in this life, that they live some years in bitter torment, and yet hearty and stout while they rot away by pieces, their vitals and sences quick, as I may say, as prepared of God to suffer abundance of pains vvhile in this World. And before I come to give you the way of cure of this ugly Disease, I must crave leave to speak to this third sort of people, commonly called *Ranters*, for so they are; and these are of two sorts, the one like unto this that I have named, and the other (which is the worse and more dangerous) hold yet in appearance somewhat of preaching and prayer, & would be thought to excel all others in spirituals: I say, these are the vvorse, for by hovv much the more any thing that indeed is evil, & doth hide itself under the cloak or mantle of Religion, it is so much the more dangerous and pernicious, most apt to leaven and delude the simple minds, til they also by a smooth Satanical subtilty, are drawn in, and become hardened, and then the high Rant, or black Devil doth not at all affright them, being before-hand prepared and spirited thereunto; for the high Rant counts all illegitimate that cannot range in the depth

of

of all abomination, as swear, drunk, whore out of measure, yea study to excel in execrations and blasphemy, and do all this without the least remorse, or sign of remorse: But this other sort for their credit sake, and also because of encrease of their advantage in their Callings, and also preferments in the Common-Wealth, wil not avow this plainness, yet do account it their pure liberty, and that is their pure liberty for all of them to live, holding community of Women, and all to abide in their pure *Adamical* freedoms, pleasing themselves in all things; and some of these to my own knowledge, who both speak, and hold, and practice these evils (except they belye themselves) are of their forwardest, and I think their eminentest Preachers, which would seem to those that hear him, as if he were caught up into the holy Mount, accounting themselves above all Ordinances: These surely are the worst sort of men that ever breathed upon the face of the earth, for these have not onely been hoised up on the highest pinacle of the Temple, but are miserably thrown down into hel; in their own imagination they are far higher then the highest Pinacle, conceiving themselves far above all inscitured Ordinances, and do bitterly hate, despise and persecute

with a manifest wrath, all those that do in the fear of God practice, walk, and live in them, which is indeed a manifest token of their perdition; for many of them have in their own giddy-headed & unstable minds, run thorough all Religions, that they might both hate and persecute all; the God of mercy put into the hearts of our Rulers to preserve us from the rage and fury of these, whom the Apostles of Christ, *Peter* and *Jude*, doth most lively set out in their proper colours, and yet these would not be accounted to be *Ranters*, although as is said, seven-fold worse; I will here give a true relation of some passages concerning one of their chief Teachers.

A good Woman whose husband is at *Barbadoes*, having occasion of business concerning Trade in behalf of her Husband, was desired to accept of half a pint of Wine, this good Woman looking upon him to be eminent in godliness, and her self at that time stood in need of refreshing, went to the Tavern with him, by and by he changed his behaviour, and shewed himself what he was, & by his light scurrilous language declared himself to be what he is, and in plain words and deeds would needs have been abusing her body; and many arguments he used to draw her thereunto, and

have

save them from her mouth, *That she was sick for want of a man, and why should she not use her liberty? and for his part, he knew if his wife looked on, she would not be offended with it*; moreover, *that it was his salvation, that he had done in his wife looking on*; and that *if he had not used his liberty, his purer liberty* (as he called it) *he had been dead long ago*; and named other persons, some of great quality, that husband & Wife gave each other liberty, and with his might inveighed against Ordinances; and refusing him in his filthiness, he called her Whore, and much to that purpose, for submitting her self to forms, as he called them. The relation of his beastliness expressed by him, I was ashamed to hear, and cannot write; but he highly commended the beastly openness and nakedness of the Moors and Heathen in the *Indies*; that they were without shame, he esteemed it a high virtue which did excel us here. This filthy man, or man of filthiness, without shame, after God had delivered this Woman out of his hand for that time, yet was set on again and again by him, and when he saw that he could not draw her unto his filthy lust, then enquired if she had told any body; but if she had, yet it was not matter of shame unto him; and indeed I think I should have done good service to

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the Nation, if I had here named him; its pity all such have not a brand on their fore-head, that they may be known who they belong unto: I speak with grief of heart, I have known this Varlet, this worst of men, I say, I have known him a giddy professor of Religion above these twenty years; & I have heard him my self when we have been speaking of the Scripture; for he asked me seriously if I did use to read them: I told him, yea with joy and gladness, and they were to me more then my life; he replied, so could not he, neither did he read any Book, he hearkened onely to the voice of the Spirit within him, and that while he made conscience of reading and expounding of Scripture, and of family-duty, and going to hear Sermons, and repeat them, he all that time was without peace; but now he had not for some years done any of those things, and that he was at rest in himself.

I have in all this spoke the least of this vile person, and you may by him truly take a view of the rest of that fraternity, what they are, and where they wil center. I hope this Relation wil be matter of caution to many, not alwayes to credit or be too apt to give heed unto the smooth delusive tongues of men; these study to obtain hard-

ness

ness of heart, impudency of face, that they might commit wickedness with greedinesse, and therefore do deride at the torments of hell: Nay one of this company hath put out a Book imprinted, wherein he doth averr there is no hell but what is in a man's self; so that by their Doctrines, if they can but stifle their own consciences, they have freedom, and sin is no sin, for so they affirm: My soul is pained within me when I think of these, and of the just vengeance prepared of God for these who do withhold the truth by their unrighteousness: O wretched and most miserable of mankind! How is it that Satan hath thus filled your hearts, and the filth of your flesh thus deluded you! You begun wel, who hath hurt you? What hath Christ Jesus and his Gospel of peace done unto you? How is it that you will be made perfect in the flesh? What good things have you found in your selves, that comparing your selves with your selves, you now worship your selves, nay, your accursed lusts and beastlinesse? How is it imaginable that man (indu'd with common reason) should thus be seduced: I know there is not one of you but do feel the flashings of fire in your consciences: What wil you do when you shall appear with your works following after you, when

God

God that cannot lye, will set your sins before your face? I know you labour to stifle such thoughts as these: O beasts of men! O most devilish whilst men! How is your vengeance heightned? have you professed the fear of God, many of you, to end in this cursed Apostacy, for whom the blackness of darkness is reserved for ever! O that there were thoughts of returning in you! Hell beneath hath enlarged herself to receive and meet you at your coming. O miscreant of man! how long dost thou think to wallow in thy lusts, serving evil concupiscence, drinking iniquity like water, made fat for slaughter? I ask whether these be not they for whom supplication is not to be made? Alas! alas! my heart bleedeth within me, when I consider that some of you have not onely professed the Name of Christ long, but also suffered both imprisonment, and fled into far Countreys out of a zeal for his Name, and now have spew'd up all at once, and returned unto your old lusts (from which you were purged) as a dog unto his vomit, or a sow that was washed, unto her wallowing in the mire, receiving the just recompence of your error, *viz.* seven hellish spirits far more worse then the first, that you might fall into the damnation of hell, and be

damn-

ned together, even the condemnation of the Devil: Be not deceived, God is not mocked, as a man soweth, so shall he reap; and of these I speak aloud, expecting nothing but Plague and Pox to follow them, the reward of their labour: I know it boils amongst them already.

I know some will wonder why I have spoken so much of these, and of this disease: and why I have spoken unto good people with these, therefore this thou must know. First, I speak unto all men and all sorts and ranks of men to admonish them all. Secondly, a clean heart is not hurt nor will be offended at any thing I have said. And thirdly, I could not break this order with the discharge of my conscience. And fourthly, without this that I have said both in whole and in part, I durst not give thee the true & clear way of cure of this detestable disease, & also the difference 'twixt this disease and most other, because that this is not had usually without abundance of wickedness and sin; first against God, secondly against thy one body which ought to be the Temple of God, preserved in holiness unto him, and not given unto an harlot, thirdly against thy relations, who hath power over thy body, but other diseases which are common to man, proceed from

from sundry other causes which is not in themselves sinful, and for these causes I have thus spoken, and hope thereby to be an instrument in the hand of God to pull some poor soul or other out of the fire, and indeed (as I said at first) had it not been for the sakes of some who are clean, but bestowed with some such beast or brute of mankind which hath polluted them, I should have said nothing at all of this disease; but I do judge it much better, that many of the worst partake of the blessing with the best, then that one of the best should languish in the torture of the worst; and therefore I do set down the most safest way, speediest, cheapest and freest of pain and torture, I truly believe that is in the world.

59 *Rec.* Take two ounces of my Pill, and lay it thin upon a well glazed dish, set it to dry but not in the Sun, and it will quickly be fit to bring to powder, drive it thorow a Lawn or Hair Sieve, put this powder into one quart of White-wine, or that which is better, *viz.* make a Lixivium or strong lye of *Chalk-drive*, or White-lime, for this is most safely and operates very potently both by sweat and Urin, as is much proved every day, and is (although despised) a great blessing; and moreover I assure thee from knowledge is chief with some as universal, most who

who have a vulgar fame in Physick; use which thou wilt, I do by experience commend this last to excell: let this be done in a glass bottle, shake it off, and in twenty four hours it will be fit to use, but longer is better; dispose thy self apart if thou wouldst suddenly be well, and thy illness require thee, and have warm accommodation, and a good tender and carefull nurse, eat and drink the best that can be got for money, and always have ready good wine and strong-water by thee, because of a suddain a windy fainting will come upon thee, and a suddain gone, at such a time a spoonfull of good cordial water is necessary for thee; see that thou sweat by day and not in the night, when thou maist have good tendance; sweat not with this extract, but every other day, and then do it to purpose as thou findest thy strength; if thou beest of a middle strength, the first time begin with six spoonful in six spoonful of White wine, and then observe by that how thou doest bear it, and increase accordingly: so also in all eases begin with little enough and come on with discretion; but know in this disease thou must charge home, to the end it may accomplish thy desire, and at once as it were it whirles all thy disease into thy skin, superficies, or most extream parts, and

and in the other night the day that thou doest not ſweat thy greateſt ſweat, take at night a good Pill of 16 or 20 grains if thou findeſt thou art able to bear it, and that will maintain and keep in heat the other hath gotten; for thou muſt know that thou doſt take the ſtrength of 8 or 10 Pills, when thou doſt take the extract thereof, for thou art not able to bear his earthly body, it would ſuffocate thee, but being onely his more ſubtile and ſpirituous part, it works ſafe and miraculous, not only in this diſeaſe but in many or all other diſeaſes; and when thou haſt it all in thy skin, fear not, but go on the ſame way, and if any part break and run, fear it not, it will not fail thee, if thou do not neglect thy ſelf, but it will both throw all out, and heal it when it is out, as thou maiſt perceive by the inſtances ſet down in this Book; onely uſe thy ſelf to great carefulneſs in the time of thy cure, and always ſweat, and be hot til thou art well, for there is no danger but in taking cold, which thou maiſt eaſily prevent if thou be careful of thy ſelf, and follow while thou art in the way, and all will be done at an eaſie rate; for I have deſerved twenty pounds, when I have not had twenty ſhillings: I never undertook any cure in my life, nor never mean to do, yet have helped many at ſmall rates, at ten ſhillings,

five shillings; the most that ever I had of a-
y, was three pounds five shillings for my
things onely, and I think a notabler cure is
seldom done, as some of good quality can
bear testimony.

A young woman comes to me pained in her 60
throat, head and bowels, of this disease, as all
supposed, and she her self did much fear, be-
cause her Husbands first Wife was noted for a
right Huswife; this good Woman almost kil-
led her self with grief, and for two years ran
up and down amongst Doctors and Chirurgi-
ons, but in vain; and the Chirurgion made
holes in her throat by lancing it, and such like
foolish things: At last she comes to me, and
I gave her of these Pills, & by that time she had
spent one shilling, she told me she was as well
as ever she was in her life; & I am confident in
three years time I did not take five shillings of
her money, but she continues in perfect
health; I could not have believed it, till time
had made it evident.

Cures some kind of Gouts, easeth the most ma- 61
lign, brings the Patient into quiet rest.

A Woman lame eight years of a Gout,
which did disable her in all her limbs, that she
could neither stir hand nor foot; when she
first came to me, her joynts was very much knot-
ted: The first Pill she took, being in a kindly
sweat, both she and her Husband told me this

ſtocy; She began to ſtir her fingers, which was very ſtrange to her, and a while after ſhe could get her hands unto her mouth; to be ſhort, in three days time ſhe could go about her Chamber, which ſhe could not do in two years before that time.

A Gentlewoman removing her dwelling into *Limeſtreet*, got an extream cold and Surfeit, as ſhe doth report, I do ſuſpect it to be otherwiſe; however ſo it was, that ſhe could neither ſtir hand nor foot, but was perfectly uſeleſs to her ſelf, onely as by main ſtrength of two or three, which was always ready, did lift her, and this uſeleſneſs of Limbs, accompanied with extream pains: This Woman in a matter of three Weeks time, uſing only my Pills, although it was cold weather, was perfectly well unto all demonſtrations, and I by accident ſaw her go along the ſtreet, and truly although an ancient woman, yet ſhe did hold up her head, and went as ſtraight and as nimbly a good luſty pace, as any young woman whatever; and although ſhe ſent me word ſhe was well, yet it was far from me to think ſhe had been ſo well, and that in froſty weather. It is to be noted, when I ſometimes ſay, they have nothing but my Pill, I do include the extract of my Pill, and alſo the Oyl of Amber, with which oft times I do anoint, and all is but my Pill.

A woman in St. *Johns-street* was so sorely afflicted with the Gout and Sciatica, that in her extremity she did roar out in such a hideous manner, as did much disquiet the neighbours, and no ease or cure could be attained; her husband came to me with such pitiful moan for his Wife, as did much exceed: I was much troubled for him, and gave him of my Pills, and sent him away, and told him that by that time the Pills were warm in her breast, that she would have ease, and her pains would cease, and that she would go to rest. He did as I ordered him, and when he came again he said, That by that time his Wife had taken a Pill, in one quarter of an hour she did find such ease as if she had been in heaven: And truly this man in the name of his Wife did so load me with thanks, as if I had done it. I bless and praise the God of heaven, who hath saved my life, and brought me through great pains and sickness for this happy end, even to be a poor Instrument in his hand for ease and refreshing of many. And further, as I take it, about three Weeks or a Month, I am not certain which, this woman came from S. *Johns-street* unto the Tower to me, to fetch for her self more Pills.

A little boy having four of his fingers cut 62
off by that disease called the *Kings-Evil*, and the place where his fingers was cut off, did al-

ways ſtand with a drop of water upon them; but next day after the taking the firſt Pill, there was no drop of water as formerly; at which the Parents did much wonder: And the Boy grew extream quick and lively in whatever he did, that they were very ſenſible of his real benefit.

63 Another Boy lame of his limbs and feet from a Child, ſo that he could not go to School, nor hold a Pen in his hand, and by that time he had taken three of my Pills, he was grown ſo ſtrong, that he ran up a pair of ſtairs before me, and I made him hold a Tobacco-Pipe in form of a Pen, and he then held it as ſteddily as I, or any in the room could do, which indeed was far more then was to have been expected in ſo ſhort a time.

64 And many that have been troubled with one Arm ſhorter then another, and with great pains in particular Joynts, this Pill through God's goodneſs hath proved ready help unto them.

65 An old man belonging unto the *Charter-houſe*, many years troubled with Ptiſick, ſtraitneſs of breath, that with great difficulty he went about; alſo one arm begun to ſhrink and grow ſtiff, ſo that he could not make uſe of his pocket, as formerly he had done, with a little uſe of my Pill did receive his breath at length, and his Arm at length alſo: And as

he and I were going together along th Walk before the *Charter-house*, said he to me, *Look you how I go, and what a pace I go, I could not have done so before I took your Pills, but I must have stood and gaped like a Camelion, for breath, I do not know how oft, in going the length of this Walk.*

A vertuous Gentlewoman of good note, 66
and my very good friend, whom it hath pleased God to visit with much sicknes for a great many years, and now lately it fell out to be very sore in her head; this Gentlewoman having made use of the ablest Doctors, but her grief could not be helpt; insomuch that this good woman was almost in despair, did much fear her sences, and all that could be done, could not bring her head to purge until she met with my Pills, which did most powerfully accomplish her desire, and did set her head a purging at her ear, and shortly very sweetly cured it, to her exceeding great joy and comfort, with the joy of her family.

A Gentlewoman that liveth at *Westminster*, 67
that well knew the use and worth of my Pills, went with some other Gentlewomen to *Barnet*, where she drank water in abundance, but without judgement; she presently fell into an extream scouring; she sends with what haste could be, to me for half an ounce of my Pills, the use and virtue of which she very well

knew; but before they could come at her, she was far spent, and had entertained a Doctor, whose advice she was forced to follow, such was her weakness of a sudden; but so it was, that this lusty young Gentlewoman in a matter of six or seven days, was brought home in a Horse-Litter hard put to it for life: This Gentlewoman lay under the Doctors hands for two Months, and was brought into such extream weakness as is not fit for me to relate, nothing but death expected; all this while my Pills was too low for them, and the Gentlewoman had abundance of other things forced on her, but in vain: At last she beseeched her Husband if he loved her, to send for me, otherwise she was a dead woman, pleading her conformity to him in using all the while what means he and their friends thought good: This Gentleman being touched with pity to her, at her request sends a Letter to the Tower, but I was in the Countrey, and he straight sends a Letter unto *Worcester*, where I was; and I not hearing any thing from the time her Messenger came unto me from *Barnet*, much wondered that she should suffer so long sickness, and I not hear thereof: At my coming she was glad, and I was much surprized, to see so stout and lusty a woman so strangely reduced to nothing, insomuch, as had it not been that I was sent for

in her name, I could not have known her: I took with me my Pills and Antidote, I gave her two spoonfuls of my Antidote, which did answer my expectation, for it put her into a breathing sweat, and also she slept a matter of four hours; I stirred not my foot till (through the blessing of God) I had very good signs of her recovery; but when I saw the surly behaviour of all, as well the servants as kindred, through the whole Family, I did not wonder I was not called sooner, the Gentleman himself I never saw all the time of the cure; the Gentlewoman could trust no creature with my things; I was fain to give with my own hands as much as possibly my business would permit, till the Gentlewoman got strength, and kept the Pills always about her, and had regard to her self; it was an unusual time before this Gentlewoman could get abroad; the reason all may discern, was the with-holding from her that which did her good, and instead of it, give her that which did no good; and she being of a good nature, in this case proved to her great hurt: but blessed be God, she soon did attain health, and so remains, using my Pills now and then to keep her in health, as she has occasion.

For Small-Pox, which generally doth light 68
on children and young people, this I say upon good experience, that my Pill is always good

and profitable whensoever it is taken, at any time of the disease, either in the beginning of them, or the middle of them, or the latter end of them; it can never be taken a-miss, except you give such a dose as is not proper for them that take it; for it always strengthens the vital spirits, cleanseth the blood, and fortifies the heart; and if the Small-Pox be struck in again, this Pill doth forthwith throw them out again with great safety, as we have much experience hereof; but if it be taken before they appear, that nature be able, it wil relieve them by working the Surfeit out by vomit, or by siege, or sweat, or urine, all the ways that nature hath to friend; but if the Surfeit hath got strength enough that they cannot be prevented, then doth it throw them out in a most gallant easie manner, so that the Patient being freed of all Feverish symptoms, and always lying in a breathing sweat, is so sweetly disposed, as he doth hardly fail of a meals meat all the time he hath them upon him, but suddenly wil recover with great strength and freedom.

A lusty young man having got many Surfeits one upon another, felt himself not well for two or three dayes together; but not knowing what sickness was, would not yeild unto it while he was able to hold up his head, and being in my company, much complained

how

how ill he was, and that he doubted he ſhould be able to hold up his head no longer: I gave him preſently a little Pill about four grains, which now he is wel, one ſix fold ſo big would hardly ſtir him; but as ſoon as it was wel down his throat, he fel into a vomiting with extream violence; I could tell him his breaſt was full of poiſon; but what was the matter further with him, I did not know: For the preſent he had ſome eaſe after his vomiting; I gave him a Pill at leaſt 18 grains, to take when he went to bed, which he did, and that in like ſort ſet him a vomiting moſt of that night, and moſt of the next day; it alſo purged his gall of divers colours; but the Woman where he lay would let him take no more, the two that I left for him, ſhe threw them in the fire, and cryes out againſt my Pills for making him ſick; but that night the *Small-Pox* appeared all over his skin, and being over-ruled, was not ſo happy as to continue with my Pills, which had drove them from his heart into his skin, and for want of more, the Diſeaſe grew extreamly upon him, and he all over covered with them, and in Flux extreamly, and was for a time ſtark diſtracted, and talked idle of he knew not what; they employed two called Doctors, but to no purpoſe; indeed it was beyond all mens judgment that he ſhould eſcape with life; but as ſoon as he was maſter

of

of himself, he called for more of my Pills, which he had, but did not vomit any more. He saith, and I believe wil say while he liveth, That nothing that ever he took did him any good but my Pills, vvhich did free his heart of them, and as means did save his life, vvhich is undoubtedly true, and I am confident if they had been given to have seconded that vvhich I did give him, his sickness vvould not have been above the tenth of vvhat it vvas, for such is our experience, that if it cannot altogether prevent them, yet it doth so dispose them, that they are not like the Disease, for some that in reason vvould have been as bad as any, yet by their constant and thorough use of my Pills all the time of their being ill, have hardly missed one meals meat, but quickly vvith strength and vigor have been restored.

69 *It helpeth the shaking and trembling of the Joynts, strengtheneth the brain, and encreaseth memory.*

I have already spoke enough of the Palsie, or shaking of the joynts, and for strengthening of the brain and memory; I say, I am through God's rich mercy and goodness a living monument and testimony of its true vertue, povver and effects, for they are at this day far better then vvhen I vvas but seventeen years old, and my sight as good as ever since

since I had them for any thing I can perceiv,
& that is as good as any I think in the world;
and although there is a sleepiness or dulness 70
the next day in many that takes it, which
is not used to it, they find it seldom so
the third day; but instead of heaviness, all
for the most part do finde a wonderfull
lightness of heart and chearfulness of body
all over, that they think themselvs as if they
were in a new world, and yet it must be
granted that if any ones grief lies in their
head, that then it will be nimble and acute
both to search it out and help it if it please
God to permit; for it is evident it works
most where most cause is; many again do
finde it fully to answer their expectation,
and yet never finde it to work in their
heads at all, although they have taken it in
great quantity; and let a thousand take it,
and they will all tell of several effects as e-
very one differs in one kinde or other; also
their ailes and their different judgments
upon those ailes: for very well we know, let
all speak and judge as they will, that the
whole of it to all intents and purposes in
all the operations of it, is to strengthen and
fortifie nature from head to heel, and many
which have and do take much of it have
confidently supposed, that I have not made
it so good at one time as at another, because

they

they finde oft-times contrary effects and operations, as ſometimes to be dry, ſometimes not, and ſometimes ſweat much, and ſometimes not at all, and ſometimes break wind much, and ſometimes not at all; and ſo in many other caſes it is indeed daily evidenced; for (as is ſaid) as a mans ailes are, ſo will it work, it is they that alter, the Pill is the ſame. Note therefore, that you may know I cannot make ſuch alterations in the making of it, becauſe I do give none but what took his beginning three years and upward ago; yet I muſt confeſs it is wonderfull to obſerve, that ſometimes it will have a double effect to what it will have at another time, as in caſes of Colds and Surfeits and the like, or ſome evil quality is gotten in the ſtomach, it will abide no ſuch thing, but will aſſault that that aſſaults nature whatever it be.

71 *Revives and comforts the heart.*

The like reviver, I think for a creature of God, I do from my heart believe, and by experience I finde (as much occaſion as I have had in the world) the world never injoyed the like with it; and let me now bleſs and praiſe the moſt High, who onely beareth rule in heaven above and in the earth beneath; the time has been, and that a long and tedious time to me many years together,

together, I have been so oppressed and loaden with pains add feebleness of heart, as if I always carried a quarter of an hundred weight perpetually in my chest or brest, and I went always as if loaden, that it hath made me make a wrinckled face to stir out of my way to give place either to Horse or Cart, as for men I always would be sure to give them room enough; I ever going with pain and anguish, and full of sighing; and truely, although I was poor, yet was I then filled with such pain, as I should hardly have stooped to have took up a penny; but now through mercy (that which is true will hardly be credited) I finde my self set at liberty, that to my own feeling I do not weigh upon my shoos, as I go up and down, not one ounce, my heart is so light, freed from all oppression, my body so clean and nimble; and whereas I was grown stiff, that I did sensibly perceive that thorough much weakness I began to stride short, now my leggs are at liberty, that to my thinking I can never tread wide enough; and at this instant of writing, I took my right foot in my right hand, and did lift my heel to my mouth without the help of the other hand, and all over my whole man without any exception; God by this Pill hath thus renewed me, I do with joy and laughter give

my

my enemies leave to charm against my Pill; what is spoke is no fable, it is apparently discernable, especially of all those that in times past did know me, and many with me, who with weakness and old age have strided short and narrow, their silver cords as it were, tyed together, so that they stride little, and that with staggering, have received their legs again with the use of this Pill; and are amongst us which bear testimony, who themselves are fetche off their languishing beds, and enjoy their limbs with comfort.

72 *In women it brings them to due Courses, whether they want or abound.*

So is our experience for the most part, and this may be easily discerned for opening all obstructions.

One Maid of about twenty eight years of age, being obstructed about five or six years, insomuch as she grew very diseased, and troubled with strange fits, and one of her legs grew as bigg as three legges, and did also break and run; this Maid was weary of her life, her racking pains was such, as she did roar out in such hideous manner, as was sore oppressive unto her friends, help she could get none; she meets with my Pils, and over charging her self, threw them away as being afraid of them, that which she

had

had taken working a little higher then she would have had it; about a year after she comes to me with her sister, and makes lamentable complaint, and shewed me her leg with stinking ulcers in it; she followed my Pill with more discretion then at first; it was not above a Month but it freed her of all her fits, brought her into an orderly and monthly Flux, took down her leg, and made it no bigger then the other, and healed the Ulcers; she enjoyed so much health, as she marries a Husband, and lived comfortably with him, and buried him, and married another, all this to my knowledge; and what is become of her now, I know not. These Confirmations I do not want; neither do I wish any man more harm to himself then to think so ill of my Pill, as not to use it in his need; but for me, the Master that I have always served hath confirmed his mercy in blessing it to me, and to many; unto him alone be all the praise and honor, for ever, Amen.

It is present help for any Flux or scowring of blood, or otherwise, and stops them incontinently. 73

Although it be the Gonorrhea, or Running of the Reins, or Issue of Blood, either at Urine, or at Fundament, or any other Flux or Scowring, it is the most soveraign help (I think) in the world; for it need

need be, it wil as wel purge as bind, and is frequently proved; but it wil over-rule the
74 grief, and stop it by degrees, as may be for the Patients advantage: & if this Pill be laid open upon a wel glazed Dish, and dried and mixed in Conserve of red Roses, it is very proper on this occasion; and this hath helped when *Crocus Martis* would do nothing, nor the Sugar of *Saturn*, all which are as forcible almost as Art, I have proved it; for if these have stopped, they have thrown the Patient into intollerable pains and rackings, besides Feaver; but this so pleasantly, so gently and sweetly, that it is the desire and joy of the Patient to have a Pill in his belly.

75 A lusty man, a Trumpeter, who had been at the *East-Indies*, brought such a Flux home with him, that could not be staid by what means soever could be used to that end, and his weakness is not to be credited, and yet live; and after he came home in this condition, it was one year and an half, or two years, before he applyed himself unto my Pill; and although his constant manner was to purge six or eight times in the night, the first Pill stopped him, and eased him, and that in a wonderful manner. I shall not want the benefit of this mans prayers while he and I do live together; and as is said, my Pill did not violently stop him, but by degrees naturally; and when

through

through impatience he had got some violent stringent, as those above, he was all torn in his Limbs, and glad to take my Pill to withstand their force: But because this fiery *Acrimony* had cut asunder all retention through length of time, his water for the most part going that way, I for my part did despair of his cure; for he would even have affrighted one to behold him: Yet it hath pleased God to be so favourable unto this poor man, as that he is now in health, and did since found a Trumpet in Col. *Rich*'s Regiment; and who list to speak with him, shal hear much more then I have said, to Gods glory, and your wonder, whether friend or enemy. I seethe blessing of God which he hath afforded unto poor people, for they wil come and ask, and find help; this is God's blessing: The rich oft ask, and pay large, and go without help; this is a sore evil under the sun: Some cryes out 78
against it as a great binder or shutter up of their bodies; if it be so to any, I am sure it is to their great benefit, in taking off from them windiness, also feverishness, or those other distempers they take them for: I am also sure, that there is not one in an hundred (but that although it doth bind them a little at the beginning) but that they find it to purge at the latter end: I do grant some bodies to be drier then others, and for these

(when they have a neceſſity to uſe it by reaſon of weakneſs) let them uſe it with Syrrup of Roſes in ſuch quantity as doth make it friendly with them; or that which is for ſome better, take equal parts of Scamony, called *Diagredium*, or make it ſo as to ſuit their conſtitutions, but in this matter not to do it but with good advice, and that there do appear an apparent neceſſity for it; it will frequently aſtringe for three, four, or five days, and afterwards keep you looſe while you take it, if the cauſe continue for which you take it, you may thus deal with it; otherwiſe if you have need of it in its ſtrength, then ſuffer it to follow its own law, and you wil not repent your ſelf, be of what temper you will; there are ſome ſuch whom it hath purged moſt of all, which otherwiſe have been moſt aſtringent; no man knoweth how it wil work with him, till he hath proved it: I my ſelf have gone four or five days without any ſtool, and have wondered what would become of all I have put into my belly, for I did eat my meat all that time as heartily as ever I did in my life, and was as well indeed, I may ſay in a new World; for it was at firſt when I took it, and all that time I did break wind freely, neither had I the leaſt fumes or ſwelling, or any thing like unto oppreſſion, nor any heats, which made me wonder, and indeed may,

say, for it is much against common experience; nay further, all that four or five days could have laid my belly to my back, so free was I from any kind of swelling; then at four or five days end (I confess I have forgot whether) all went in a light stool, which did lie above like a Cork; and after that it did ever bring my belly to an orderly course once every day, and rather purgative; and so I remain with much help through the blessing of God, and can make my self purge when I will with pleasure: But I dare not purge, all is well, I have no need; this Pill always doth, as I may say, watch over me, and oft doth find manner sometimes to purge by siege, and sometimes by urine, and sometimes by sweat: I do observe these changes, but the reason and cause of it I do not understand; I know my Pill is the same; but change of all things with me, doth sometimes work a change in my Pills operation: It is for the most part a constant rule with my Pill to purge men or women of grosse corpulent bodies; but people of spare and thin bodies, not so: If any by good experience do find that it doth bind them, and that also they find that that binding is indeed hurtful above that which is necessary; for I know many complain for no cause, but that their custom is broke, and that they will not follow the order as they would

have it; but I say, if it do in this case offend, a Clister then may be necessary for them; onely this you must observe either in Clister or purging-Physick, to keep as far off the taking of the Pill, as you can, lest it should not suffer the potion to work, that is, take the purging Physick at least two or three days after the Pill is taken, or else you may expect that the potion wil not work; for you must know, that the purging quality in the potion is from a poisonous quality, otherwise it could not purge; and that quality my Pill doth so perfectly correct, as you may expect it do nothing: But I do much rather wish you, if there be cause indeed, then to use a safe Clister of Milk from the Cow, and Sugar onely, which wil produce no evil effects. You may note, that as its correction is less, so its force is less; therefore if you with the Pill add a purger, as Scamony or Sirrup of Roses, or some other, it may be it may suit your body. And all this Discourse is to please thee, as it were a single person, and is endued with good wil, and hath need of it; but I do certainly know, the poise of Nature is most happy and blessed for man, for the generality of them, and therefore cannot be altered, and if thou doth know it, as it may be hereafter thou must, thou wilt see nothing in it can be wanting, and also that additions would be vain

yet

yet for thy sake I have spoken, if it so fall out that the disposition of thy body should so far differ from others: I observe the general opinion of all, that is, if they be not in good order as you call it, then do they cry out of fumes, and it may be pains in their head; and I grant that usually it is so where this Pill is not; but I assure you, where this Pill is, is the clean contrary; for although they go not to stool for six or eight days, yet all that time there is no vapors nor fumes not in one of a hundred; I confess if any wil strive through ill decorum towards themselves, and tempt God, it is just these should be answered accordingly. It is further for these to note that if they take this Pill, and let it come to powder out of the Sun, (as that it will soon be) and then beat it to fine powder, and infuse it in White Wine, and so drink the extract of it, that then it doth not astringe the half as it doth when you take the *Terra* with it, and you wil also find it more spirituous in effect: Such as have no need of it, may at a cheap rate let it alone; but again, those that have need of it, had best be wel advised how they neglect it for small and impertinent matters: We have experience enough of its just power to be both to bind and to loose according unto Natures Law; thou that snuffest at it because thou hast took two, or it may be

but one, it may be by fits more; do thou know, if thou wilcome it and grow friendly with it, thou will finde a contrary effect in its working, for it will now bind, and by and by purge.

78 *It strengthens and opens the Spleen, and tears away wind in an incredible manner.*

This is the constant experience of all that take it, and I think not one of an hundred but will acknowledge it: but by my own experience I do add further, that although I have not been made sensible of a violent breaking of wind downward, yet before morning I have found all oppression gone, my self set free and lightsome, and I have not known which way, but my reason tells me, that lying in a gentle breathing sweat, the Pores of my body being thereby all set open, wind hath thereby found secret and insensible passage, and sometimes I have sensibly perceived it to go by Urin, but this ordinary working is mightily downward, as all in general finde it to do.

79 *Dryeth up Hydropical humors.*

Things not to be credited it hath done in this distemper. An ancient man troubled with this distemper, took it but in reasonable dose for one month together, the weather indeed was warm, it did sweat him, as he told me, every

every night so mightily, that his maid said it went chorough the Feather-bed whereon he lay every night, and wrought as strongly by Urin; and I do protest this man at the months end was fresher and fairer, and stronger to his labor, then when I began with him, and is at this instant in good health, and this was three years agone from this present writing.

I shall write here a strange and wonderfull, but accidental cure, I think, as hath been heard of in this age: A young woman having languished for a long time under very many diseases, the worst that usually may attend an honest womans body, as the Dropsie, Stone, Consumption or Tisick, shortness of Breath, sore fits of the Mother, Jaundice, as I did clearly see by her eyes; this woman having spent much for a long time but in vain, she grew worse and worse, and did despair of help in this world, she was scarcely able to stand or breathe; at the entreaty of good women of our country I went to see her, she being born within a mile where I was, I should hardly have gone to her but we were School-fellows at *Nottingham*, I found her in this said condition; I durst promise nothing more then this, If I did her no good I would do her no harm: I made her five or six small

Pills, with order to drink White-wine after them, and to take each night one, and as she liked them, so let me hear from her; she accordingly takes them, the third day her husband comes to me with words of wonder and abundance of thanks, and told me that his wife was finely recovered, that she had breath in good length and order, and slept well, and began to eat, and that he had brought some of the Stones which she voided with him to shew me; and (said he) what shall I say? your Pills have done more then possibly might have been imagined: I praised God with him; he took half an ounce of my Pills more with him; and because of the fits of the Mother, I willed him to take half an ounce of my Oyl of Amber, and give her three drops in a spoonful of White-wine, and then drink a glass full of White-wine after it: he went home, and the next morning gives her two spoonfuls of this Oyle; the woman faints with heat, as needs she must, her heart being suffocated with fire, and the next morning he gives her the rest of the half ounce, so that he gave her as much at twice as should have served two hundred times, or near it: it is indeed a miracle that this woman was not destroyed, but (orderly taken) a better thing could not have been given to have helped and assisted her Pills against those fits

of

of the Mother: this woman receiving this half ounce into her body, extreamly fainted; her husband comes not to me, but runs unto a wise Doctor which could not see the power of Oyle of Amber, but clatters hard against me and my Pills, but would give her nothing, but plentifully bestowed the Gallowes upon me for killing her, and without shame (as a man that had but one ear, never searching the truth) meeting me, and near before a dozen people which stood by, charged me with killing this woman, & before them all threatned me with holding up my hand at the Bar: I gave him not a word, it was neither time nor place, but lifted up my heart to God, knowing my own innocency, and was sorry he should do himself so much wrong, and of all men living I had deserved better things at his hand; I did wonder to hear this charge, for I had not heard one word, neither did I, but what came from him till three moneths after; it pleased God that with what good this woman had received from the Pills she took before (for this Doctor did so fright them, that they thought it was my Pills that wrought so with her as that she took no more; I say) altogether proved happy for the woman, for at once she was released of all her diseases, and being well and about

the

the ſtreet, an ancient Gentlewoman, Miſtris *Tichin* in *Bedlam*, calls to her and ſaid; You but the other day as it were was ill of many diſeaſes, and now you are ſo well of a ſuddain; you have got one good Medicine or other, I pray you let me have ſome of it: ſhe replyed, That ſhe had a Country-man at the Tower gave Pills, and that they had cured her, but they had like to have killed her, and that ſhe had the reſt of them at home but durſt not take any more of them: Come (ſaid Miſtris *Tichin*) give them me, I will take them; which ſhe did, and when ſhe had ſpent them, ſhe calls to her and told her that ſhe muſt bring her to the man, for ſhe muſt have more of thoſe Pills; and this was near three months before either I or the woman did know what it was that did hurt her. This ancient Gentlewoman with my Country-woman comes to my houſe, I not being at home, this woman asked for the Oil I ſent her to take by ſpoonfuls; my maid told her I had no Oil I gave by ſpoonfuls; I had indeed an Antidote which I did give in ſpoonfuls: to be ſhort, this woman ſoon found the Bottle by its ſcent, and ſo ſhe and we came to know how ſhe came well as God hath ordered it; and ſhe hath remained well for this two years, if not more, and hath born a childe or two ſince: this is a true and faithful relation to the beſt of my remembrance

membrance, as I have from their own mouths, and thanks be to God who hath kept me and will keep me in his way, notwithstanding the envy and rage of my enemies, so that through mercy I care not for it; yet notwithstanding this Doctor in the fury of his malice hath took off those good women, and not a few more from the use of my Pill, which I know well will all turn to his perpetual shame. I pray God forgive him with my whole heart, I am taught by him to take heed of making men idols.

In fine, I know no disease that it doth not either 81
perfectly ease, or perfectly cure.

Although this Bill hath now been made publick above this four years, and I had both reason and experience then enough to avouch it in my conscience before Almighty God, and experience enough to avouch it before men; there hath been added ever since a daily load of experiences, which (as a cloud of witnesses) confirm what I have published; for such are indeed the wonders of God dayly brought to our ears, some of which I have indeed related unto you, and indeed (as I may say) the happy returns of prayer in the administring of this Pill doth abundantly balance the bitterness of envy, and the falsities and forgeries of the wilful ignorant, and by the constant meetings

toge-

together of a catalogue of mercies upon mercies, all of them pleading my just cause against the proudest contemner; I do therefore with joy submit to reproach, knowing that reproach shall be the portion of the happy in this life, and if the Lord whom I serve did not by his constant presence and blessing upon my labor give vigor and life unto my just and honest endeavor for the good of mankinde, I should have been charmed and frighted off from this my employment the Higheſt hath called me unto; but putting my truſt in him, shall proceed in his name with joy, fear, love, and trembling, not doubting but he that is able to keep that which in his name I have committed unto him, who hath and doth keep me in all my waies, will never fail me of his blessed protection and assistance in wel-doing; and such hath been my care and indulgence towards all always, that except people desperately presumptious both to abuse themselves and me, they cannot likely hurt themselves: and while I am now writing, I will give an instance or two which comes into my minde, which will make good what I now drive at. A woman a Nurse-keeper comes to us for one quarter of an ounce of my Pills, which my wife weighed her; another buying for another, she having her own,

em, catcht up the other out of the scale and popt it into her mouth and swallowed it all at once, and away she goes; I had a friend with me by the fire-side, my wife being frighted, cryed out, the woman would kill her self, we wondred to see her skip away so fast, but did not well conceive the matter: about fourteen dayes after my maid met her in *Tower*-street, asked her how she did with that quantity of Pill at once in her belly; she replyed that she was well, and that she sate up all that night with her child which she did Nurse, onely it did make her head ach a little; this relation is true, but not to be followed without danger, I neither knew her name nor her dwelling, to administer any thing to have over-ruled it: I do think this prepositerous act of this woman may shevv unto all its safety, if there be any reason used in the administring of it; and vvhereas I say, I have taken it my self twelve months, it is true that I have taken it nowv almost five years, and have not I am sure missed it in all the time from the first till this present not twventy nights, neither shall I miss it, except it should please God to grant me a better (of vvhich I nowv have little hope) and the effects through divine goodness are vvith me blessed, I alvvays have need of it as of a strong Cordial, although

although I do not always use the same quantity; for I never weighed one for my self in all my life, but I make them bigger or lesser as I find my self to have more or less need of them.

And when I am as wel as I could wish, I do take a little one to keep me so; but if I get cold, or ought else that troubles me, I do then take one bigger; and this I find by constant experience, and I do assure you it is no more then what is true, that it never failed me, but always comes with fresh strength and reviving, as truly and effectually as when I took it at first; and not like other things, which with much use wil lose their virtue, power, and effect; but my Pill is ever the same, working higher or lower as it finds cause, and according unto the quantity that is taken; so that what change is, is not in it, but in me: And I do further confirm what I formerly said, as to the enjoying of my health and chearfulness thorow many weaknesses; for such is the clearness of my body, and freeness from any obstructions, that I have run from the first step of my house, unto the highest step upon the Leads on the house-top, and never draw my breath; also such ease and chearfulness of heart, that as I go along the street it is as if I did not tread on the

ground;

grounds; and as I have oft said, so I do say again, that to my thinking I do not weigh one ounce upon my shoo-heels. Now my sleeve is ful of pins that I gather from the ground, but when I hung upon my Doctors sleeve, I always was so oppressed and filled with pains, & so sore oppressed and loaden at my breast, that although poor, yet should hardly have stooped to have taken up a penny, and if I had stooped upon any occasion, I did not know how to get up again without great pain and difficulty, and with the help of my hands upon my knees: I further found and do find my limbs to lengthen, or set at liberty, which before were stiff, as if they were shrunk; now I can leap, run, or any such like thing with refreshing, which before was far from me. What shal I say? I am thorow mercy a living monument of his mercies, and of Gods blessing upon this Pill; for near this five years I have not used any other thing but it and my Antidote, and sometimes of my Oyl of Amber; and if these should fail me, as I know not how soon they may, I suppose I should hardly send over the threshold for what is elsewhere to be gained for money; yet I will deal freely and truly with you, I have been put so to it upon extraordinary occasions of Fevers, colds, and cough infections, to take four Pills of good

bigness

bigness, betwixt eight at night, and ten the next day, allowing three or four hours betwixt each Pill; and *I* do the rather report this, because *I* know it will be exemplary to many; for such hath been my weakness, that if *I* did not take a Pill in the time aforesaid, *I* should faint, besides the help of high Cordial Waters, and burnt Wine; and instead of cold mortal Julips, in a Fever *I* make use of these comfortable things, not fearing my Feaver, if *I* can but hold up my vital spirits, and let my Pill and Fever try the mastery; *I* know according unto Gods appointment it shall be; but for so many years, Twenty Fevers which have been apparent, thus have *I* been helped: For if one Pill wil be too weak, it must be assisted with another; and if two be too weak, it must be assisted with a third; and if three be too weak, it must be assisted with a fourth. Thus far have *I* gone with it my self; and seldom it is that a Fever staid with me twenty four hours, or hardly ever to keep me in-a-doors all the next day, but by afternoon likely *I* am
84 master of it: And let all take notice, that it is far better to take a little and oft, that is to say, four hours asunder, as *I* did, and do my self if there be occasion, so wil it vvork sweetly and powerfully with ease and delight. And
85 vvhereas *I* spoke of the stopping of some of my Organical parts, they vvere my ears and

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ease, my ears so opened, that when I held my breath and blew, the wind would flye through both my ears, I could perceive it by making my hair flye on both sides; and indeed they are both as good as ever since they were mine, which before the use of my Pill, were weak and defective.

I do therefore always renew my thanksgiving unto God for so great a mercy bestowed upon me now in the latter end of my days; for as I have said often, such hath been my continued pains and anguish for above twenty years, that I have not known the hour in all that time wherein I have took so much pleasure in my life, as to desire to live it one: I joyfully acknowledge unto the praise of my Master whom I have served from my youth up with an upright and perfect heart, that in all that time the joys of a better life were always set before my face, with the lively beams thereof always kept alive in my heart, and through mercy I durst not complain, nor say my burden was too heavy for me: I ever abhorr'd such thoughts as too ignoble for a Christian, that puts his trust in God's free mercy in Christ: I perpetually cried aloud for strength to bear and suffer his will, and it was enough for me; the Master that I always have served, never suffered the Cross to be too heavy and burthensome to me; I know

 wel

well it crossed nothing but an unbelieving, corrupt, and carnal mind. I have oft wondered (considering my apparent weakness) wherefore I did live, or had life permitted me, forasmuch as I could not discern which way I was likely to perform service, either unto God or man, more then this, that it was for my Lord and Masters Power to rest upon me, and to manifest his glory in my great infirmity; but now I am apt to think that I am preserved (as with joy I do find) to be a a blessing and a refreshing unto many; and truly the poverty and sickness, rejection of friends & relations, which hath past me, doth not (as it doth with too many) set me on to take hold on riches, or make haste to be rich, or fill my self with the profits and pleasures of this life; but much rather, if it were possible for me, such is the burning desire of my heard, I say, I would (if possible) bear the sickness and bitterness of all men, and frequently with joy and tears when I have heard the returns of those poor which by my hand as a weak instrument; I say, when they have told the great things the Lord hath done for them, my soul within me hath revived with praise and thanksgiving that I am, and have been spared unto so great and blessed a work as the Lord employs me in: I see also, and perceive why I my self have been trained up

affliction, to the end I might learn of the true Pattern of all obedience, Jesus Christ, who came not to do his own Will, but the Will of him that sent him; who speaking of those that are his, and have interest in him, as of sons and children, that he took part with them, to wit, flesh and blood, the nature of *Abraham*, not Angels, and was tempted as a man; that he might succour those that are tempted, and learn to be a merciful Saviour; and let me speak further, (whether my heart deceive me, God knoweth) it is my perpetual supplication, that I might rather dye and loose, then that this my rejoicing should be made void, but that I may truly and faithfully do likewise unto the utmost of my power, always ready to join my shoulder unto him that is ready to fall, supporting, comforting, and assisting according unto what I have received, extended always unto him that is sick and feeble of heart, and through mercy have a good witness for the time past (I doubt not) recorded in heaven; and I further hope to encrease it through the blessed assistance of him who shews mercy unto the poor and needy in their distress.

Directions how to take the Pill aright.

86 LEt it be understood, that each one according unto his age, strength, or weakness, is to take a portion severally.

The ordinary dose is the bigness of a grey pease swelled, or twelve grains, or ten, or fourteen grains, or upwards to twenty grains, where strength will admit; but to a child new born no more then a pin-head, and not a great one neither, but about one quarter of a grain. My advice and counsel is to all both old and young, that they be sure they take little enough at first, and in so doing there is great safety always having regard to the strength and condition of the Patient; and forasmuch as the thing in its own property is a sweet Cordial, and a great fortifier of Nature, too much you may take without safety, as a man may drink too much Wine; but too little you cannot take to safety, so that the least grain is profitable to whole Nature, and not in the least prejudicial: Therefore I do warn and charge that you begin with little enough, and that you do encrease afterward as you

you find by good experience the Patient can bear it: Unto a Child of ten or twenty hours old, give as much as a small pins head, and so encrease with care, as you shal find it to work, it at once brings them to rest, causeth them to eat and suck lustily, and drives out any thing amiss in them: And for a child a year old, give as much as a great pin head, still encreasing as you do perceive strength to bear it; but it is better to give it to old or young, a little and oft, always taking it when you are going to bed, or in bed, and you must allow twelve or fourteen hours unto its working, and above all things take heed of colds; but if you should get a cold, haste to bed, take a good Pill, it is gone, it will do no hurt; if you find your head to be giddy and unsetled, and also your stomach to be heaving, it is best to give it time and repose by sleep, lest you be very sick and vomit, which you wil not do if your stomach be not very foul. Note, that it is not in its strength of working, till after four or five hours taken: There is no observation of diet, but for men and women to keep a wholesom, open and clean diet, avoiding all things that are cold and windy in operation, but always keep your stomach warm with that which is good and wholesom; also always drink a Wine-Glass of the best Beer, Ale or Wine after the taking of the

Pill: It is to be noted, that if a mans head and breast be wel, he may rise at any time: I my self do frequently rise after the taking my last Pill, about two hours, (this is in hot weather) not but that I must sleep again. You must further give what time you wil, if your stomach be foul and poisonous, you wil vomit. I do in the Winter-time frequently when I am abroad and find my self not wel, take a little Pill of four Grains, or a grain or two more, as I like my self, and drink a cup of good Beer after it, this doth raise me up beyond all belief: its common operation is by sweat and urine, which you may encrease as you please; you shall find, that a double portion wil have a double effect, so that you may do what you wil with your self. It is further to be noted, that after three or four days this Pill wil purge your body, but with haste and pleasure; generally it doth purge. You wil also find a fiery sharp humor to go away, and although it make you a little sore for the present, yet wil you have cause to give thanks to God for its discharge, although with pain; you wil do wel to let it take its own course, and follow Natures Law; it oft appears most by Urine. I know many because of its strange working have slighted it, and left it, and spoke ill of it through their own fears, unto their own hurt, and yet at last it

hath been their last and best refuge, these are not a few in and about *London*; and now, who shall commend it like these? It is no new thing to have the best substances thrown by, if they do not in all things appear according unto received circumstances; I do wish all that are weak to do as I do my self, to use this Pill more or less, as they do find occasion, and always have within their reach a cup of the best; a spoonful of good Cordial Water is good in cold weather; My Pill doth hate all small drinks that are fomented or wrought with yeast, which fills with Wind and Rhumes: Keep ever your stomach warm with wholesome meat and drink, and care not for being a little hot; let it suffice thee that my Pill although hot, yet doth it kill all unnatural heat whatever: I have always by me a Bottle of rich Cordial Water, and a pot of strong Beer or Ale, with Sugar, or of the Sirrup of black Cherries, which after my way of making, doth excel; and sometimes I do use these apart, and sometimes together, as I do find my self, and sometimes none of them all, but of any drink whatever it be, be not too free with it at one time, but rather a little and oft: You will find this Pill to course and follow Wind up and down from head to heel, as a Dog followeth a Hare through every Hedge and Bush; and in this working you will of a

ſuddain finde a little faintneſs, then a ſpoonful of that which is beſt is acceptable & well applied; at that time be ſure to keep your head on your Pillow, and while one would tell fourty it is gone; and thus it will do till it hath found ſome natural purger for his enemy; but if thou doſt not break wind by a ſenſible way of evacuation, yet thou ſhalt finde it gone thou knoweſt not which way; thou maiſt obſerve that thy Pores are ſet open all over thy body, and by ſecret breathings at thoſe little Pores it will oft make his way, and ſometimes by Urine it will follow natures law, and uſe thoſe purges which is moſt apt and ſpontaneous; and what paines ſoever thou haſt (old or new) will give way, and thou at eaſe, as if thou aledſt nothing; for the moſt part it is ſo, but if thou finde it take too high upon an old grief, know it is in order to heal and cure it; therefore I ſay, condeſcending unto thy weakneſs and unbelief, prove it firſt with a little, and increaſe with judgement, as you finde ſtrength and courage to bear it, thou maiſt know what it hath power, if thou haſt wiſedom to apply it.

It falls out oft upon ſurly griefs, as Sciatica & Gout in the feet, that it will nibble at them more ſtrongly then thou wouldſt, therefore mark what I have ſaid to thee.

87 In my firſt Bill I did not commend it to women with childe, both becauſe my Pill is

not

not now as then, neither had I experience; but now I do commend it to them above any thing in the world for the health both of mother and childe; and if yonng women will avoid green and hurtful fruits and windy things, and instead thereof keep a good and wholesom diet, and now and then (if cause) to use of these Pills, we should not have so many miserable weak children, but women will so palpably enslave their own healths & lives, and their infants unto a foolish lust, to that which proves pernicious unto both, observing neither what is for their own or infants health and welfare.

I will relate one story of a woman with childe, one that lived about *Savories* mills in *Southwark*, and this woman was extreamly tormented, but did not know what it was that troubled her; shee had took divers things but to no purpose, and so it was that her pains did exceed, that she was weary of her life; this woman meets with one of my Pills, but how I did not know till afterwards, and without leave takes it at a venture, and contrary unto its usual course, it set this woman a purging, and gave her above twenty stools, and then brought from her an abortive or false conception, whereat she was well, and so continued all the month that she had to go, and in her season was delivered of a lusty boy very well, and so both

mother

mother and child continue well for any thing as ever I heard, praised be God; and after we heard of this woman, we likewise heard of others which did take it in the very hour of travel with happy success, and with much ease, more then ever they brought childe into the world before, and now lately it is grown common with women that know it and use it in the time of being with childe, to take it in their extremity, and also to give it their childe as soon as born, if they discern cause.

I will now give you one instance or two of some that have used it presumptiously, and have took too much of it; it may be such like experiences will admonish the unruly to use a good thing to a good purpose, and not abuse themselves thereby.

About a month ago I chanced to light into the company of a man that lives near *London* bridge in *Thames*-street, he said he lay one night with a Gentleman which lay at his house: this Gentleman having of my Pills in a silver box, took one himself, and left his box on the table and went to bed; this man he takes as much at twice as would have made five or six Pills (he compard it to his thumbs end) the least of which would have been enough for him; this portion did begin to work very high upon him, and he fell into a strong vomiting in a strong sweat;

and

and after a while he must needs go to stool; he in his sweat goes down two pair of stairs to the house of office; and he protested to me, that as he sate upon the stool, the sweat did drop off him upon his feet: Thus twice he went down two pair of stairs to purge, and very ill by fits, it made him so that he thought he should have dyed no other death; but (says he) I will never take more of your Pills. This man is old enough to have seen his error and my Pills benefit, yet this is his conclusion; hence let all be admonished to follow direction given, for his resolution was as rash as taking the Pills was, and carries so much folly in it, as it doth stand more need to be pitied than answered; for who seeth not thus that if he had taken a portion fit for him, how profitable it would have been for him.

A childe in St *Martins* being presently hel- 88
ped of Pickers and ill digestion of meat, and such like griefs, another of their next neighbors comes in great haste for another childe in like condition; I gave her Pills as the o- 8
ther had, and shewed her by making one or two what quantity she should give the child; she follows my order the first day, and she did sensibly discern such a mighty change in the boy, both as to his breath and cheerfulness all the next day, as did much delight her; and she said, if so much as this little thing

thing do my child so much good, I will give it more, and that will do it more good (and indeed so it proved, for it cured the boy) and she gave it what she thought good, I shall never know how much it was she gave him, but the next day the child was very sick, and would eat nothing, but oft fainted, and vomited much; she sends to me in great haste, and she feared I had killed her child, I asked her sister whom she sent, if they had followed my direction; she assured me that they had to a tittle: In the afternoon I went to see what was the matter, and by that time the boy was very well, and had broke through it; and the woman then told me what she had done; and her sister (who affirmed that they had strictly followed my rules) said, Did not I tell you, you would kil the Boy by giving him too much. Thus you may see how I am dealt with, and I know in this I am not alone; if this Child had dyed, I should have been called the killer of it; neither should I ever have heard what the Mother had done to it.

While I am writing at present, came a man to me fit to be remembred, although out of place, which for two years was sore troubled with a sharp eating Rhume falling from his head, that he was almost lost, he looked blackish, yellow, wan, his eyes dul, he was almost starved for want of meat, he could neither eat

eat nor sleep, he could get no help; God's good hand directed him to me a in time of need, his throat and pallate of his mouth almost eat away; I looked into his mouth at his request, there was a hole eat out I could have turned my finger in it; it was sad to see: I did somewhat suspect what Disease it should be, but indeed I think both he and his Wife fears God, and are innocent and chaste in their lives: I gave this man one quartern of my Pills; he came again in five or six days so altered, as I scarce knew him, he did look so chearful, fresh, his eyes quick, his throat almost well; so much more set him quite well, and so he continues; and he, it may be, spends one quartern in one quarter of a year upon himself. I confess I never in my life, as I can remember, knew the like, what the man ailed, I cannot tell, it is sufficient through Gods blessing even at once, as water would quench fire, so effectually did my Pill administer healing unto him, which did quickly make him pull out the stuff wherewith he had stopped it with.

A Maid that was afflicted with Convulsion-fits in her shoulder, which racked her shoulder-bone out of Joint with intollerable pain, insomuch that she was deprived of the use of her member, she was in the Hospital, and had advice of a great many Chyrurgions, of

which

which some admired, and were amazed at it; they made issues, and bound the member with Rollers to keep the bone into its natural place by force, which put her into extremity of pain; neither could she get a cure in six years time, but grew worse, until that she had made use of my Pill, and through the blessing of God before she had taken them half a year, she was perfectly cured, and in perfect health, able to improve her self in any thing that is fit for one of her years. This is the account I received from her Mother, one Mrs. *Scruby* in *Gravel*-Lane, near *Aldgate*, vvho teacheth the Virginals.

An old man upvvards of eighty, comes unto me vvith many thanks, and I vvondered, not knovving the man, nor his business, vvho said, that he had been troubled vvith a Rupture for ten or eleven years, vvhich vvas a great grief unto him, and making use of my Pills, said, that he vvas as vvell as ever he vvas in his life; for vvhich he praised God vvith his vvhole heart, and indeed I think he doth truly fear God, and it did much comfort me to hear him give all praise and thanksgiving unto him vvho is able to vvork Wonders, as it appears in this man, considering his age, his disease, its length of time: This man, to our remembrance, came and sent (as near as vye can remember) six or eight

months

months before he came, with so great thanks to God and to me, from whose hands he received it without grutching.

A Clothier comes hither that liveth ten miles from *Bristol*, who having his Sister very ill and lame, and blind of the disease called the Kings-Evil; her legs great, and holes running in them: he goes to *Bristol* and gets eight Pills; before she had spent these eight, her sight began to come to her, her legs began to abate of their bigness, also the holes in her legs ran exceedingly; in fine, in the spending of half an ounce more, her sight was perfectly restored, her legs perfectly wel and healed; for this was her own words, That she was as wel as ever she was in her life, blessed be God.

About the middle of *June* I met a Beggar near *Milwend*, who was very thankful for a peny; I asked what he ailed; I appointed him to my house; his leg stunk I could not abide the room, it was black as dirt; his shin-bone black, bare, and rotten for two inches, his flesh gone, it was sad to see: I appointed my Man to dress it, who was a considerable time before he could get it clean: The order observed was, Each day while he was with us he took a Pill of about ten grains, his leg onely washed with white Wine, and kept clean, and a Pill of about

18, or 20. grains to take at night when he went to bed, whether he took them or not, as he should, I know not: by that time he had come a Week, he said he could go without his Crutches, but I would not suffer him; but at last I perceived no great willingness in him to be cured, I allowed him six pence a day and his Dinner, otherwise I should have lost my Patient, being willing to cure him: but we saw him strive against cure by drunkenness, by sitting on the bare ground, by opening his Leg, and such like; notwithstanding all which, about the beginning of *September*, he gives many thanks, and said he was well, (but I do not believe him;) We from this experiment saw enough to our wonder, if his disorder had not withstood us. Note, that after one Month, we did with a feather annoint his Leg with the Balsom of the Pill, with a little of the Pill it self.

I shall now relate a strange story, but true, although to many it may seem incredible.

A Gentleman comes to me with many thanks and much love from an ancient Gentlewoman, aged betwixt eighty and ninety, who said, that she for some years had used nothing but my Pills, and her natural food; and that which was strange to her and all that know her; she now hath young teeth growing in her head; and more, which was to wonder-

derment, it was with her (as to course of Nature) as when she was but 20 years old; and (said he) she under God ascribes it unto your Pills, and is in very good health and strength, Blessed be God. As to this story, if any man or woman cannot believe my report, let them inquire of Mr *Stephen Montague*, a Gentleman known very well unto most Merchants and Citizens, which I am assured will satisfie them.

A good Woman near *Aldgate*, that for a long time lay sore tormented in her body, brest, and back with wracking paines, her out-cry so great, her husband (as he said) was not able to endure the house, and left off by three able Physitians as helpless; this Woman with one lick of my Antidote (which was mixed with hony) in one quarter of an hour received ease all over her body, and slept six hours or thereabouts, this on *Friday* morning: her husband comes to me on *Sunday* morning, and tells me his wife did nothing but eat, and drink, and sleep; it is to be understood that she continued in the use of the same things, *viz.* each night a Pill, and each 6 or 8 hours one lick of the aforesaid Antidote.

A Girle about seven or eight years old, stricken in all appearance with death, having a high pestilential Fever, continued

eleven or twelve daies taking each 24 hours a Pill of bigness about 8 grains, and in the day some of my Antidote in good wine; her Fever did not increase, neither was it quite removed; little sustenance came into her body but what the Pills and Antidote contributed unto her: I willed them to give her each twelve hours a Pill, and her Antidote at six hours betwixt; which the childe was loath to receive, growing very weak; but observing that order, at last through the blessing of God it did discharge the poison of the disease from her heart, and struck it up into the right side of her head and face, and suddainly the child began to revive, and by that time twenty daies were come about, it had at last contracted the disease under her ear, the childs jawes being sore would receive no meat, and in twenty daies as we believe the child received not two ounces of bread or meat, but continuing as above, it at last broke just under her ear, and an incredible quantity of filthiness issued out: Many that saw this childe would needs have had the Chirurgion at work, because (as they said) there would be dead flesh; but I prevailed that there was none, only keeping it clean and washing it with White-wine, and anointing it with Oyl of Amber and Oyl of Roses

ſes mixed together. This childe increaſed in ſtrength, fell to her meat, but continued taking her Pills, which kept her ſore open and running; it alwaies kept her ſore ſo well coloured, and without inflammation as it was to be admired, neither did any thing elſe or plaiſter ever come on it; but about ſix weeks or thereabouts this childe was as well as ever in all its life, and ſo continues unto this day, Bleſſed be God. I never ſaw a caſe more eminent in all my life; a creature nearer death and yet live: Neither did I ever ſee the power and and effect of any earthly creature more eminently then in the virtue of my Pill and Antidote, as in this Cure; the Lord Almighty be bleſſed for his goodneſs: for ſuch was the weakneſs of this childe, that when her mother lifted her up to give her the Pill, the childe had not ſtrength to keep her chops together without help; and when I ſaw her jaws to tremble in that manner, I was out of hope; and indeed all her friends heartily wiſhed the trouble of her burial were over; but God (who alone hath the iſſues of Life in his own hand) hath reſtored her unto perfect health; and our prayer is, that ſhe may live to be a faithful ſervant unto him who hath thus ſpared her.

Sir,

BEing brought into a weak and desperate condition through a Cough, which (as some able Physicians informed me) had made a breach in my Lungs, and therefore thought incurable, I resolved to try your Pills, which a friend commended to me, and upon the first use of them found so wonderful a change, that made me and others admire the goodness and wisdom of God, that hath laid up so great a vertue in so small a matter; for truly after the taking of one Pill, my Cough was wholly removed, and ever since I have enjoyed a greater measure of health, then for some years before. I have given of them to several of my acquaintance since, with very great success in Feavers, and other distempers. This I thought good to inform you of, as also that I am, Sir,

Your much obliged friend,
Ja. Reading.

Here

Here follows several instances of Cures performed by my Pill upon several persons in and about *Bristol*, which are sent me, and attested by the hand of Mr *Nath. Merry*, who since his own Cure by it, willing that others might have the like benefit, hath desired to have of my Pill, and the rest of my things to sell, whose dwelling is in *Wine-street* near the Checquer in *Bristol*.

This is an abstract of Mr. Merry's *Letter to me, of his own case and recovery by my Pill.*

I Have often had thoughts to communicate to you the effect of my Faith touching your Pill, and the vertue *I* found in it; but til now there have been lets. And thus it was, The day that I received it, my distempers were indeed high, & to my apprehension had almost overpower'd all the powers of Nature, so that *I* was doubtful of life; I took one that night, which (I praise the Lord) had so happy effect, that though there were a great War most part of that night, yet by the morning (through mercy) it got the victory, and *I* was enabled to go about my business the next day, and in the morning had no sign of a purge; yet that day I had about ten or eleven stools, which brought away that matter

which I used to bring up at my mouth (which I mentioned in my last Letter) by stool, I supposed every stool might be the last, & therefore made no provision to keep warm, more then at other times, but went down to stool, yet I was not faint, or hindered of my business: I continued the Pill taking about eight or ten grains every night, and in the first four, or five, or six days, it gave me about fourty stools; yet I continued strong, and about my business, and after brought me to two stools a day for some few days, and ever since one stool a day, having continued it to this day, every night, save about ten nights in the whole time; and it pleased God by degrees it strengthened me, that I being much spent and worn, am now (I praise the Lord) as full of flesh (I think) as ever I was. I had a Child brought home from Nurse about ten Months since, which hath taken the Pills ever since; When she was brought home, she had so violent a Cough, as I never heard; for she would be dead with it to appearance many times; she had the Rickets, and was exceeding weak: Through mercy her Cough is clear gone, and she grows strong; and I suppose the Rickets are gone, or near gone also. Many in this City and Countrey who have had it from my hands, have been cured by it, both Men, Women and Children, as Consumptions, Fevers,

Scurvy, Surfeits, Agues, &c. Weak persons so weak, that the Doctors would give them nothing.

Nath. Merry.

A Woman far gone in a Scurvie, swollen in her Belly, Thighs, and Legs, ful of spots and knubs as big as French Nuts about her body; her Disease increasing under several Doctors hands, she expected death; but she had a desire to try the Pill, which in a fortnight overcame the Distemper, and in a short time cur'd her; but she continued the Pill a quarter of a year.

A Boy aged twelve years, very far gone in a Fever, had it soon overcome, saving a great noise remaining in his head like the Sea, or Thunder; he continued bound in the use of it eight days; at the end of five days, his mother in fear, askt my advice to give him a Glister; I told her she might do as she pleas'd, but remembring your words, and having known an evil Consequent in the very case upon a Child of mine, I told her were it my Child, I should wait with patience, and leave the issue to the Lord, giving her my reasons; and she was satisfied so to do, and there followed a good effect; at the eight days end he had a stool, and near about that time came a worm out of his nose

three inches long, and about the bigneſs of your round Laces, which ſhe brought preſently for me to ſee, and I ſaw it; he was ſuddenly upon it well.

A Woman of this Town voided ſix ſtones, with taking one Pill.

A Boy about 12 years old had been ſo afflicted with an Ague and Dropſie, that his parents thought it would kill him; about two years it prevail'd, having tryed variety of means; at laſt taking the Pill evenings, was in ſhort time cur'd (though they obſerved not the uſual rule in that diſeaſe) of both his diſeaſes, and his belly being much ſwollen, was brought to its natural proportion.

A Woman for many years in a Conſumption, much pained in her head and teeth, and ſtomach, with a great weakneſs over all her body; ſhe was ſo ſpent, that ſhe could hardly get up the ſtairs; in ſhort time with the uſe of the Pill, found ſtrength and eaſe; and at times hath uſed it about half a year, and is now able to follow her buſineſs.

A Man troubled with a violent pain in his head, which would take him at times, and hold him ſeveral hours, had it taken off by three or four Pills.

A

A Man having been a journey, while in a great heat drank ſmal Beer, with which he took a great Surfeit, & became ſo weak, that thoſe who adminiſtred phyſick to him would give him no more: From the firſt Pill, though a little one, he found eaſe, and in two or three days was able to ſit up, and in about a fortnights time was well.

A Woman ſick of a Scurvie, had made uſe of two able Doctors, under whoſe hands her diſtemper increaſed; ſhe was weak and faint, her lower parts ſwollen, and broad red ſpots about her body, her thighs and legs afflicted with bunches as big as French-nuts; ſhe indeed had little expectation of life: The firſt three Pills ſcattered the bunches all abroad; the firſt month it ſweated her every night much, yet her ſtrength increaſed; the ſecond month it gave her two or three ſtools every day, yet ſhe increaſed in ſtrength: ſhe continued it a quarter of a year, or more, and then being wel gave it over, and is wel to this day; being about halfe a year ſince ſhe gave it over, ſhe peruſed your Book, and told me ſhe believed there was not a greater Cure there then hers was.

A Boy had a Rheum in his eies, which his mother ſhewed to a French Doctor, who askt twenty ſhillings for the Cure; ſhe not willing

willing to give so much, made use of the Pill, and it was taken off with two or three Pills.

A man sick of a Surfet and Fever three weeks, had his water shewn to two Doctors, whose judgment was that it was a dead water; and the Doctors which was with him said, he would die that night: a friend of his hearing it, who knew the Pill to be a good thing, came to me and related his condition, being very weak, and desired some Pill for him, with my advice in the taking of it: that night she gave him one, upon which he slept, and when he awak't, the woman which had the Pill for him (for she tarried with him to see the issue) askt him how he did; he told her he was pretty well, and in the morning thought he could go to work: He took but two in all, which removed his distemper, and he walkt about thinking to wear it out the Dog-dayes, and then to fall to it again, he apprehending some danger in taking of it in those days till he came for some for another; when he told us how he felt his disease remove, and that he forbore for the reason aforesaid, though he found some weakness about him; but I told him he had done well to have continued it a little while: he was glad of the Liberty and took it presently,

and

it immediately upon it found his ſtrength increaſe, and ſaith he is as well as ever he was.

A Woman after her Lying in had a great oppreſſion at her ſtomach and heart, attended with a great weakneſs for about half a year; which the Doctors could not tell what to make of, nor how to remove; they would have carried her to the Bath, but ſhe was ſo weak they durſt not venture.

It pleas'd God that the firſt Pill ſhe took ſhe felt it remove from her ſtomach and heart, and fel as a great weight into her belly: ſhe took not above five or ſix till ſhe was well and ſtrong; ſhe ſent for ſome more, not to take, but to keep in the houſe.

A man greatly afflicted with the Cramp in all his Limbs had it removed with two Pills.

A ſtrong man in the Country after labour being very hot would drink water, although he might have had ſtrong Beer, and went and lay upon the ground, with which he took a great cold and ſurfet, and after ſome dayes lying in a violent fever, became light-headed, and continued very light eight dayes before I heard of him, that very night as ſoon as they got home (being at *Froome* 18 miles from this City) they gave him a Pill, after which he fell in-

to

to a sleep & sweat, & about a fortnight after pleased God there was word brought mee that he was at work. From that place they have sent several times for more for others, but a particular account of it I have not yet received.

A Woman in the Country sick of a Fever and Ague, sent for half a quarter of an ounce of Pills, before or by that time it was all used she was well.

A Merchant of this City being thirty years afflicted, (sometimes once in a Month, sometimes once in six Weeks, and sometimes in a quarter of a year, (which was taken by a fright) of a Disease like the Spleen and stone in the Kidneys; he hath try'd variety of means but found them ineffectual, his pains would be so violent for several days, that it would much weaken him, and keep him in-a-doors; several days after being at his house, and hearing him speak of his distemper, I told him what benefit I had received from your Pills, upon which he told me that about two or three 89 years since he had taken some one Pill or two, but was frighted from it by some that affirmed there was great danger in the Pill; but he seeing the effect of it in my countenance, knowing that I was much spent when I first took it, and considering the time that I had taken it, concluded it most be-friendly to Na-

ture, and resolved to take it; its now above half a year since that he began to take them, at the time of his fits, or when any thing ails him; and now through the blessing of the Lord he tells me, that it easeth him presently of his pains, and the next day he is about his business, and doth believe if he took it constant, it would cure him; and how is willing that others should reap the like benefit, having advised others, who finde good also.

A strong man of this Merchants, who went upon one of his ships, had a great cold and cough, his Master advised him to take a Pill; being unwilling to be mastered by a cold, would take nothing, but at last it so much overpower'd him, that he was perswaded to take a Pill, and he found such refreshment in that one Pill, that he thought he need take no more, but he sent for an ounce to carry to sea with him.

An old man aged threescore, that had been always a hard labouring man, and is still, was three or four years afflicted with pains in his Ancles, Arm, Wrists, Elbows, and Shoulders, had it taken off with about six Pills, and follows his Work comfortable.

A Woman three years afflicted with a Disease call'd *Anthony's Fire*, she had all over her body, arms and face, broad red spots, like scalds,

scalds, with blisters, which would make her sick and burn like fire; she had taken Physick of several, which prov'd ineffectual, one half quarter of an ounce hath taken it off for the present, but I fear it will come again, she taking no more; but it is now near 3. Months since, and it doth not yet trouble her.

SIR,

THese Relations are true to a tittle, to the best of our memory and understanding; Many more that have had of your Pill from me, have received cure, ease, and good in many Diseases, as Consumptions, Dropsies, Fevers, Agues, pains in the head, aches in limbs, and colds, pains in the breast, tooth-aks, swellings in the face, great pain with sore legs, people taken suddenly, Surfeits, Running of the Reins, and weakness of the back, and many distempers unknown. I conclude:

Your loving Friend,

Nath. Mercy.

Now

Now I wil in as plain words as I can, deliver unto you some choice Receits, which I think have not seen the light, easily wrought, almost by any vulgar hand, which wil be acceptable unto such as are endued with love and good-wil, and do desire the good of their neighbour.

To draw the true Oyle of Amber, the same which I have used for many years with wonderful effect and benefit to the users, and the same of which I have spoken in this Book.

TAke the Scruff of Amber, what quantity you please, (which you may buy at the Druggist) and beat it in a Morter grosly, then take a good new Brick, and beat it to powder likewise, of these equal weight, and mix them wel together on a Table, it is ready.

Take a good Retort of Glass, and put on it a good coat of strong lute made of blood, lome, hair, and sharp sand, and moisten them with strong Brine, lay it on all over the thickness of two half crowns, let it dry in the sun; when its dry, look wel, and purge what is amiss, and it is ready; fill this three parts ful of thy Brick and Amber, and it is ready to put into thy Furnace; make a Furnace with a

Grate.

grate, and lay a croſs barr of iron eight inches above thy grate, ſet thy retort in an earthen diſh of aſhes or ſand upon this barr, let the noſe ſtand inclining ſo as what condenſeth may run out, build up about thy Retort and keep an inch diſtance or more, and juſt at the top of thy Furnace leave a vent ſo big as an egg may go in at it: Note, if thy vent be too ſtrait, thou wilt be puzled; but if too big, then thou maiſt with tile-ſhird make it leſs by laying it on the top; lay to it a receiver as big as the retort, ſee that all be dry and well fixed, then with a gentle fire of Charcole under thy grate make fire for twelve hours, thou wilt perceive thy work to ſweat, and a white wateriſhneſs to cleave unto the neck of thy Retort, and in thy Receiver, continue this degree of fire under thy grate in the aſh-pit for twelve hours or longer, till thou perceive it to ſlack its working; then begin with ſmal fire upon thy grate, govern thy work with care that it work not too fiercely, for then thou wilt indanger all thy work, and break thy veſſels, and keep that heat till thou ſeeſt it will work no more, and that as thou perceiveſt there commeth nothing, increaſe thy fire a little for three hours, and if thou perceive that it begins to ſend forth white fumes,

keep

keep that degree for six hours, and by this time thou maist be sure that all the Flegm is come off, then put in a Sea-cole cynder or two, and so by degrees leave Charcole, and bring on thy fire with Sea-cole; it is for thy profit so to do, and by this time there is no great danger, the Oyl is drunk up into the Brick, and thou with a little increase of fire wilt make him discharge or spew it out again, and yet keep it from flowing; so that thou wilt receive now a thick, black, or deep red Oyl, thou maist in twelve hours more fetch off all thy Oyl without fear, for it doth require good and strong fire, and with a tile give vent at the top, which thou laidst on in the beginning of thy work; let all cool together as it stands, and then take off thy Oyl, and have a clean Retort ready and pour it thereinto; and if thou wilt make a Retort thy Receiver, (which is better) then let it stand till thou art ready for it, take out the Retort with the Capud, and clap into thy Furnace an iron Kettle, and let the bottom thereof seat upon the iron Barr, and leave so large a vent as a small fist may be put down it. Note, this Furnace will stand in any Chimney-corner (how little soever it be) and with Lime and Hair fix the same handsomly; let the Kettle incline a little, that it may cast the Oyl the

better; set into sand thy Retort with the Oyl, let the nose incline that the Oyl may descend or drop, let it stand half an inch in the bottom of sand under the Retort, fill about with the same sand so high as the Oyl in the Retort is, let not the sand be either too sharp or too fine, but of a middle greet, break the neck of another Retort to go over this; if it be two inches wide, then it need not go over above one inch; but if it be but one inch wide, it had need go over three inches, lute it fast about with starch and paper; do thy work neatly like a Workman; make a Sea-cole fire under gently, until all the Flegm be come over, and after increase thy fire. Note, that if thou hast wrought well in thy first drought, for each pound of Amber thou wilt receive of Oyl and Flegm thirteen ounces; when thou hast drawn all over with gentle fire, repeat the same again the second time, then hast thou attained unto that Oyl as I constantly sell for four shillings the ounce, and sometimes six unto Gentlefolks, and sometimes for nothing. Thou maist note, that I have of the same which hath been thus rectified above ten times, that I never sold any of it under twenty shillings the ounce. Thus I have given thee without any knot the true and plain way of my own

work, which I have done of my ſelf without any guide or teaching, but as God hath taught me, and therefore know not vvhat vvay other men take; accept them at my hand: therefore vvhereunto I have attained, vvith as much love I tender it unto thee.

Many concluſions I have tried, thinking to advance the vvorth of this Oyl, but it proved otherwiſe; note that vvith fire thou canſt not wrong it, but therewith thou muſt feed it, and on fire it doth feed as naturally as thou doſt feed upon thy meat; many that would be accounted wiſe are choiſe in their fire, and dare not ſtir it up leſt all all their work ſhould be ſpoiled, but I am ſure they are fools, and ſpoil their vvork for want of fire, for its clearneſs muſt not come with gentle fire but with oft rectifying; for if thou wilt take from him his fetid ſcent, know that he is worth nothing, ſo for Ladies to play with, but not to do them good; and becauſe many vvill diſdain me in this matter, I will take in one more with me, *Rudolphus Glaubier*, who ſaith as much: note that it is beſt to keep this Oyl upon the Flegma as its own mother, neither will the Oyl ſowre ſo ſoon; I do think in my conſcience this Oyl comes the 91
neareſt unto a Medicine univerſal, if ſtrong-

ly rectifyed ten or twelve times, and the Operator have judgment to keep & hold his Spirituousnes with strong Lute, of any Oyl in the world; I have found it so, and therefore so speak.

But because many would fain make this Oyl, vvho live farr off and cannot get vessels, I vvill shew them a clowniſh way or two, that they may make a shift as I have done; but first note, I do protest I do not know out of my own hand vvhere this Oyl can be had for mony; I have tried again and again that vvhich is sold for it, but I finde little of the truth there; I do not doubt but it is in divers hands to be had for mony, but vvhere out of my own hand I know not, but that vvhich is Trade-stuff is fetcht more out of the Firr-tree then out of the Scurff of Amber.

Let the Country Gentleman that lives farr off, and loves them that God loves, *viz.* the poor, and would fain do them good, let him attend to what I say; Take a long necke jugg, the longest you can get, and cover it well with a strong lute, as I appointed thee to cover the retort withall, put in thy Amber confect therein, lay thy jugg upon thy iron barr within the Furnace, let the nose lie out about one inch, let not the nose incline, but look a little upvvard,

upward, set to another jugg whose mouth will go over his mouth, lute them fast together, proceed in all points as formerly, and thou hast thy desire; and if thou wouldst rectifie in those vessels, be sure that they be very well burned and glazed, otherwise thou maist go seek thy Oyl, or thou maist very well make thy first draught in *Glaubers* first Furnace if thou have any of them, or any Potter will make thee of them.

I will yet commend unto thee another way, which is no fable, but what I have wrought with my own hand, and of my own invention, which I am sure no ingenious man will dispise.

Take a large Funnel of *Crooked*-lane plate, or of thin Brass, (as my own is of that *I* have used the same way and for the same purpose) and cut so much of its smal end off as thou maist turn thy thumb in it, get a Plate of thin Iron or Brass, and fit it unto the top of thy Funnel so artly that it may lie a straws breadth within the rim of thy Funnel, and if thou canst not get a Plate conveniently, take an old Frying-pan bottom; if none of these, then an earthen dish, but it will require a stronger fire upon it, be careful that whatever it be that it fit thy Funnel or Tunnel, then take another earthen dish about two inches deep, or a

little leſs, and let it be almoſt as wide as the Funnel, put it into the Funnel, and take three or four ſix peny nails, put them betwixt the diſh and the Funnel ſide, that there may be a ſtraws breath or a nails breadth betwixt the Tunnel and the diſh, for the vapor to go down by, put thy Amber groſly beaten into the diſh, but be ſure that thy plate above doth reach within an inch or inch and half at fartheſt; then lay over thy plate, then take a live Charcole and lay thereon, which may warm the Plate, have ready chalk beaten to fine powder, and a ſtrong lye made of Bay ſalt, and thereof make thin ſtuff as if thou wouldſt make Pancakes, and with thy knife lay this lute upon the edge of thy Funnel, which will binde faſt the Plate and the Funnel that nothing can vapor that way; take thy Funnel and ſet it into a large glaſs with a narrow mouth, and lute it well with a linnen cloth and ſome of thy lute, and ſet thy glaſs where thou wilt in thy window, or on thy table; it is great pleaſure to behold this working, thou maiſt govern it as thou wilt by thy increaſe or decreaſe of fire; this I have done, and it is ſpeedy, eaſie and delightful, and almoſt without charge, onely note thy Oyle comes very thick: clean all thy veſſels with warm water and ſoap,

and then thou maist rectifie therewith; thou must take heed to blow away the ashes, that the heat may take the iron plate under it more aptly; the gentler thou dost fire, the better will thy Work be.

Of this Oyl if a Volume were writ of its power and vertue, it would be short of what is contained in it: I will content my self with giving thee two or three instances, leaving thee to judge of it as it seems good unto thee. 92

At the beginning of these unnatural Wars, I think about seventeen or eighteen years ago, (for so long I have used it) I my self being extream weak, even as water, languishing by degrees, after a sore fit of sickness, which held me from *Bartholomew-tide*, unto *Shrove-tide*; and for near seven years passing my days in as great affliction as might be, and go upright, nothing that I could take doing me any good, able to digest no wholesom food, and if I had gone the length of *Tower-street*, it was pain enough for me to lye on the bed all the next day after it, indeed, having inward peace, I did long for death, but it fled away, as God would have it: I knew not what I ailed, onely whole Nature wasted and spent; and being deaf, I employed a man to serrenge my ear, I swounned under his hand four times, that they thought I then should have dyed, the man told me I was the weakest man that

ever came under his hand, willed me to get good Oyl of Amber, and drink three or four drops in the morning fasting, and he would warrant my recovery: I enquired what it was, and til *I* came unto *Hans Honger* in *White-Chappel*, the *Hungarian*, *I* could not learn its virtue, he commended it as one of the most absolute things in the World; he prepared me one ounce, for which *I* gave him ten shillings, (and if *I* had given him ten pounds, he had deserved it) *I* took three drops as *I* was directed, and two mornings it purged, and no more, but brought me to a right order, *viz.* once in a day; but before *I* had *I* know not how many stools in a day, and also made water almost at every post through weakness; but in three weeks or a months time *I* was renewed from head to heel, and was like a boy of fourteen years old, no ground could hold me, even at once released of all sore burdens and oppressions that *I* lay under, which did much amaze most that knew me, and *I* told them with what, although few would believe it. This Relation is true; praised be God for this Oyl as a blessed instrument thereof; for presently *I* broke wind, began to feel an appetite, and digest that which *I* did eat, which were happy effects to me, that for some years knew not what it meant: And God so ordered it, that at that very

very time J fel in with a *French* Emperick, which was servant unto the Prince of *Orange*, and from that time J have laboured in this Art of Alchimy.

A Child being near death with Convulsion fits, its Father, Mother, & Grandmother coming into the Countrey where the Child was at Nurse, intending to bury it before they went home to *London*, the Child having had thirty fits, some black, and some white; nothing could interpose; J desired them to annoint the breast with some of this Oyl, and indeed it was the first draught onely, it stopt the fit coming, and the Child had no more fits while she had it to nurse, unto their great astonishment: The Nurse said to me, that if J would have asked at that time five pound a drop, J might have had it, but eighteen pence did serve the turn. 93

Another time J did use to go oft unto a friends house, where one lay sick of the Pestilence; J fancied with my self not to be afraid, neither can J say J was afraid; but so it was, that J felt something rise and swel under my right arm, J let it alone two or three days, til at last it was so big that J could not get my arm unto my side, as J was wont, and to my thinking it was as big as an Egg, and begun to be sore: J then had two sorts of Oyl of Amber, one that was fine, to drink; 94

and

and another sort that was course, to annoint: I drank my potion of the best, and then I called for my course sort, as I was in bed, and with my left hand annointed under my arm, and while my hand was upon upon it, it did avoid the place, and fell under my short ribs; I followed it with Oyl upon my ribs, and while my hand was on it, it leaped up under my arm again; I to it again under my arm with more Oyl, and while my arm was on it, it went I know not whither: the next morning I felt a little pain upon the contrary shoulder, and thus it went away, and I heard no more of it. Blessed be God for his goodness and mercy unto me.

95 I was once almost forced to visit a Gentleman that was lame of the Gout; I left him Pills, and gave him of this Oyl to annoint his feet; this man neglected his Pills, onely annointed with this Oyl; he told me the next day he was in ease, and his foot and leg all alike sore; this man with one or two Pills, and this Oyl, was so wel, as I observed him, he ran after me to open his door to let me out, and so at once was wel of his lameness. This is true I have related.

96 Many by drinking this Oyl onely, have voided many stones, and much gravel, when drunk in White-Wine: I do use in Fevers to rub my self all over with this Oyl, and drink

it

it inwardly, and do find the ready way to cure with my Pills; and although it be fire, (for so is my Pills) yet do they quickly extinguish an unnatural fire, as all find that use them, thanks be to God for it. 97

I never knew Convulsion stand with it, but it is ready help, as far as I have proved, and as profitable for any ach of Limbs where-ever; nay I have known when able Doctors have concluded of nothing but death, where extream vomiting and tearing of Limbs hath been, being left, I have then caused the Patient to be rubbed all over with this Oyl with a warm hand, which instantly hath caused ease of pain, and such breaking wind, as is not to be credited, and forthwith health hath followed: This I have seen with my eyes, blessed be God for it. I leave it to God's blessing in thy hand, I think to speak no more of it, this Book having already exceeded my intention; you may safely annoint a little Child of a Month old, or younger, if you have the true Oyl, yea as soon as it is born, without danger; and I have known it given inwardly at sixteen Weeks old, without danger; it is altogether discorsive, and not contractive, and therefore safe and profitable for Women that have Cankers in their Breasts, as I have known some cured with my Pills and this Oyl, praised be God for it. But I am weary of Writing. 98 99

ting, being very burthensome unto me; I cannot but further add, that till I knew my Pills, I never knew the like for all griefs whatever, that took their root from Wind and Rhumes; it breaks wind apparently sensible twenty four hours from off the stomach.

J will also here commend to thee another, which J am perswaded may truly be accounted brother unto the Oyl of Amber, for J have much used it, and found it for all inward applications no whit inferior unto it; this thou maist know, for it is not any part of my design to deceive thee, that I have found that if J did drink Amber above fourteen days, or three Weeks, then its vertue would be gone, then have I left it off, and drank this Oyl I shall now speak off, as long, and then the Oyl of Amber would come fresh as at first, in strength and vertue; thou maist note also, that the Oyl of Amber if you take too much of it in hot weather, will produce faintings, which this will not: Further note, I never durst use this Oyl outwardly, but the Oyl of Amber with great safety.

Of this Oyl J never read in all my life, nor ever heard of any that ever did make any use of it, but my self, and my own reason led me to it, contemplating on the subject, could not but believe there was real worth in it, as I by experience have truly found: And this Oyl

I call

I call the Oyl or Spirit of Pine, for so indeed it is, for Tar is made of the Pine-tree, as *Johnson* reports: I know nice noses will snuffel at this Oyl as a thing most detestable; I do in this as in other things, admire the depth of the Wisdom and Goodness of God, who puts honor upon those things men most despise; but *I* being all my life put hard to it for preservation of my health, have laid phantastical humors aside, and seriously searched into the blessing of God hid and covered even in despised things; and truly *I* cannot say *I* have laboured in vain; and indeed the benefit of this one, as to health, makes amends for an hundred abortives, or errors.

Take therefore (in the Name of God) what quantity of Tar thou pleasest, and put it into a retort wel luted, and take like quantity of Bay-salt put it into a new earthen Vessel, make a good fire of Charcole about it, wch is called a Wheel-fire of cementation, & let thy salt stand meanly red til it wilcrack no more & that is called Decrepitating, beat this Salt to powder while it is warm, in a stone Morter, and then with a wide Funel pour it upon thy Tar which thou put into the Retort, let all together fill thy Retort two thirds; set the Retort in the palm of thy hand, and mix them wel by shaking of them together, place this Retort upon the iron bar eight inches a-

bove

bove thy Grate, in a dish of sifted ashes, as is taught in the drawing of the Oyl of Amber, proceed with it in all points as with the Oyl of Amber, onely at the last give violent fire for twelve hours, thou shalt receive three substances, *viz.* in the bottom of thy glass thou shalt receive a white Balsom, which is of unknown worth & vertue, as to my self I speak, the least heat dissolves it; but I never made any experiment with it, but gave it to a friend which used to handle hard tools, and he had a Corn for divers years in one of the Joynts of his finger, which was a daily grief and pain unto him; he annointed it with this Balsom, and it did swel and rise, he took a sharp knife and did cut off what did rise up, and then did annoint again; it made it to rise again, he cut it again, and then did annoint again, and it did swel and rise again; this labour he continued til the Corn came perfectly out, and so remains unto this day, which is now at least these seven years: I know no wise man that considers what I have said, but wil grant that which hath power thus to work, can also go further, when a wise man hath it in his hand. Above this Balsom thou wilt receive a sowre Flegm, I do not know any thing it is good for; and above that thou wilt receive a deep red Oyl which separate from this Balsom and Flegm, and that rectified once in ashes, and a

second

second time in *Balneo Mariæ*: Thus far I went with it, and no further for my own use, and I found it precious above Gold. There came a fat man to me once that was troubled with strange fits, and would beat himself, and foam at mouth, and when any thing did overcharge his spirits, he would fall into those fits: I gave him some of this Spirit of Pine, and willed him to drink four, five, or eight drops, and more, as he found it work, and that he could bear it; in a Weeks time, or a little more, he sent me word he was cured; I willed him to proceed for some time however, and one morning after he had drank this Oyl, going among his neighbours, they smelt a strong smel, at last they said it was like Tar; he fancied I had given him somewhat made of Tar, chusing rather to have his fits stil, rather then take any thing of Tar: I think it is very fit this man should keep his fits stil, onely I am afraid he hath some fits more then doth him good: The abundant mercy from heaven is manifest in the freedom of Nature to all men, which offers her treasures free without price, and God gives Wisdom to men to find it out, and happy is that man whose heart is set open and free to do good, imitating God and Nature in their bounteous gifts; and as palpable is that mans folly who deprives himself of those blessings freely offered unto him; and

thrice

thrice more wretched is that man who with-holds those mercies from mankinde unto whom the higheſt hath freely granted them: For what have I or another that we have not received? And wherefore have we received, but to fulfil the ends of the giver? Miſerable is that man that wants that witneſs in Heaven, and in his own Conſcience; the bleſſing that I have received in the taking of my Pill, and in the giving it to others, hath hindred me from making thorow proof of this Oyl and Balſom; I have given thee a plain Receit, and leave thee to Almighty God in the uſe of it; *I* know no more, but to drink it in the morning two hours before meat, it breaks wind upward all day, and cauſeth appetite, digeſteth meat; and where theſe are, there wil not want ſtrength; ſo I write, becauſe ſo *I* have found by good experience. Note, drop it upon a ſpoonful of Ale or Beer, and handſomely throw it down that thou touch it not, nor let the ſpoon touch it, ſo wil you ſmel of it either not at all, or very little; and the like for Oyl of Amber; but when you belch you wil taſte it, hardly elſe: I know the ſcornful wil not touch it; but the pained wil be glad to uſe thoſe things that doth them eaſe.

Now

Now I will plainly give thee a plain receit which hath been kept up as a great treasure; and so indeed it is, as I think no man of any judgment but wil so judge it: I cannot speak of my own knowledg much of it, but my good friend from whom *I* have it, hath been for many years relieved by it, when other means have failed him; and he being satisfied with my pressing desires to do good, freely gave it me to that end, and I freely give it you; it wil speak for it self; it is of very inconsiderable preparation, and yet of great effect; and thou maist prepare as much in few hours, as will contain one thousand dosses. I know there are many good Gentlemen and Gentlewomen vvhich desire to do good unto their poor neighbours; *I* entreat them to attend to this; *I* have done it; it is so easily done, as it deserves not the name of a Chimical preparation: *I* also have known it safe and profitable, and vvorketh so svveetly, as indeed it is a Medicine to be desired.

To prepare Antimony. 103

Take one part of Antimony, and six parts of the best India Salt-peeter, pound them together, and serce them through a hair-sive; take a strong crusible three square, and

let it ſtand clean in a ſtrong fire of Charcole, (have a ſpoon tyed unto a ſtick) put in a ſpoonful, and it wil burn; put in more and more as it burneth, til the crusible is full; take a clean Tobacco-Pipe, with the little end ſtir it wel, let it boil, and ſtir that til you are ſure it wil ſparkle no more; have a braſs or iron Morter (clean) ſtand by you, and with your Tongs take up your Crusible, and empty it into the Morter, ſet it again in the fire, and go on as at firſt, until you have done all that you intend to do for that time, have a care to keep ſtrong fire, it ſhould be upon a Grate that it may be ſtrong; bring this unto fine powder, and ſear it through a Lawn Sive, and it is prepared for your uſe. Note, that if it do not fire as you do expect, touch it with a live coal, and ſet it on fire.

Antimony thus prepared, is depurated of all its feels and poiſonous qualities, looſing utterly its maligne heat; it purgeth copiouſly without trouble and moleſtation, all groſs, cold, and Tartarous humors, and openeth all ſtopped paſſages.

To prepare Scamony.

Take of the beſt Scamony what quantity you pleaſe, and beat it to powder, and ſerce it, have ready a Tobacco-drier, and put upon

it a ſpungy thin brown paper, take your Embers, and ſtrow in Brimſtone into the fire, hold over the Scamony, ſo that the fumes of the Brimſtone may take through the paper; and when you perceive that it ſticks unto the paper but as thick as a half crown or ſhilling, caſt off the reſt upon a clean paper, and with a ſpoon ſcrape off what ſticks upon the paper, for it is prepared; then put on again the powder of Scamony, and caſt into your fire more powder of Brimſtone, til you perceive that ſome doth ſtick unto your paper; then caſt off the looſe powder, and ſcrape off with a ſpoon as formerly; and this Work you muſt repeat until all your Scamony have been ſcrap't off in like manner, then is it all prepared; but you muſt be ſure to take it off as ſoon as you can, leſt your Scamony quite loſe all its vertue, as it will if you fume it too much with the Brimſtone.

Scamony thus prepared, is good againſt choler and all thin hot humours, having in it neither ſavour nor ſmell, and purgeth very eaſily, and without pain, which is contrary unto all other preparations.

The preparation of the Cream of Tartar is ordinary, or the Crystals of Tartar to be had at any Druggist, used in this portion.

105 Note, that all these three are to be kept close in fine powder, severally in Glass Bottles.

The greatest dos for men; Antimony ten grains, Scamony fourteen grains, Tartar eight grains.

The ordinary dos for men; Antimony nine or ten grains, Scamony eleven or twelve grains, Tartar six grains.

The lesser dos for men; Antimony six grains, Scamony nine grains, Tartar five grains.

For children betwixt seven and fourteen; Antimony seven or eight grains, Scamony five or six grains, Tartar three grains.

For sucking children, and under seven; Antimony two or three grains, Scamony four or five grains, Tartar three grains.

106 To children give it with Sugar or some sweet liquor, but to others as you please; if the Ague or Disease cease not at the first time, give it again four or five times, ever diminishing the quantity, because the humors being once stirred, they are the easier carried out; or if this portion do little the first day, then

then adde more with discretion.

This Powder you may use in all diseases where humors do offend, either simple or compound, hot or cold, thin or gross, clammy or windy, worms or extention above nature; it helpeth the stopping of the Flowers, the extention of the belly, the Dropsie in the beginning, Tertians, Quartans, and all sharp Fevers, Choller, ill appetite, watching, thirst, unquietness of mind; it helpeth the small-Pox and Pleurisie; it is not to be given where is great evacuation, but expletion and fulness, it is much better then letting of blood.

Mr. Vaghan *of* Smarden *in* Kent, *cured with this Powder, of a Chollick, which nothing else did help.*

As for this portion of Physick rightly prepared and applied, I do believe considering of the inconsiderableness of the preparation, the world never had any better; and I trust in God I have done good service unto my Country in bringing it to light; but if any be envious and is disposed to cavil at it, all that I desire of him is, that he would let it alone.

The true Preparation of Crocus Martis.

Take the Filings of Steel, what quantity you please, which you may buy of the

Druggist, and put it in a broad earthen well glazed dish, and sprinckle it twice a day with strong Vinegar; set it in the hot Sun, or cover it with another dish, and let it stand upon Embers the night time; do this for one month, now and then stir it up, and again give it Vinegar till thou perceive it is all become rusty; dry it well, and beat it to fine powder, then take a large glass body, and put it into it, and pour upon it distilled Vinegar (which must needs be so, otherwise thou wilt be as much troubled with the fecis of the Vinegar, as thou wilt be with the damn'd *Terra* of the *Crocus*) let it be covered with a blinde head (but first stir it well) set it in a Furnace of ashes, or in *Balneo Mariæ* for four or five days, look that the Vinegar be deeply coloured red; if not, shake it well together, and let it stand in the fire till it is; then cast off the clear into a clean vessel, and put on more Vinegar, and this repeat till thou seest that it will ting no more; take all thy Vinegar, and filter it thorough a double Cap paper it will thorough by reason of the sharp penetration of the Vinegar) then in a clean glass vessel vapor all the Vinegar away, or with a head and receiver draw off thy Vinegar, and in the bottom thou wilt receive a fair red *Crocus*; but if thou wilt take the

pains to repeat this labor again, that is, to dissolve it in fresh Vinegar after thou hast taken it out, & put it in a clean new earthen vessel, and let it be gently calcined for four or five days, and again dissolved, filtred, coagulated, thou wilt have a Medicine of more worth then Gold; God be merciful to men and women, which instead of this have onely the rust of Iron put into their bellies: This Medicine is vast in its effects, but most ominous in all kind of Fluxes, let it content thee for this time I have given thee a true Receit.

To prepare the Sugar of Saturn.

Take what quantity of Lead thou wilt, 108
and in an Iron Kettle melt it, and with a Ladle of Iron stir it; this continue till all the Lead be turned into an Ash-coloured powder: If thou wilt (as I have done) add Bay-salt, and continue it over a strong fire till thou perceive it begins to attain a red colour; let it cool, put it into a clean vessel not greasie, and wash out all the Salt well, and be sure thou take all the Salt taste away, as by thy tasting the last water thou maist perceive; then dry it well in a clean vessel, then grind it well upon a Purfry with distilled Vineger fit for to be used with a pen-

a Pencil, put it into a clean Glaſs, cover it ſix fingers with diſtilled Vinegar, put on a blind head, and let it ſtand in aſhes, or *Balneo Mariæ*, three or four days; let all cool; thy Vinegar wil be as ſweet as Sugar to thy taſte, cant off the clear, put on more diſtilled Vinegar, proceed as before, till it wil yeild to thee no more ſweetneſs; Filter all (as before) of thy Crocus, vapor away til thou ſee a ſcum ariſe upon the top, let all cool, ſet it in a cool place or Cellar, and it wil ſhoot into moſt tranſparent Cryſtals, which is called the Sugar of Saturn. Note, if it do not ſhoot into Cryſtals, thou haſt not vapor'd it enough away: When thou haſt took out thoſe Cryſtals, vapor the reſt, and it wil ſhoot Cryſtals afreſh; but if thou wilt take theſe Cryſtals, and calcine them again, and then diſſolve, filter, congeal, as is ſaid above, it wil yet excel; I have done it five or ſix times over: I cannot tell thee what this is good for; I know it is a great aſtringer: It is no part of my endeavour to make my ſelf wiſer then I am; let it ſuffice thee for this time that I have given thee a true Receit, for I dare not write beyond the labour of my hand; if thou canſt believe me, there is no deceit in what I commit unto thee: Thou maiſt (as I have done alſo) vvork this out of red Lead; but it did like me better to vvork it out of Lead it ſelf;

I vvil

I vvil novv give thee a true and plain Recit of one of the moſt potent, ſtatelieſt Medicines that I think is attainable in the World.

The true preparation of the Eſſence of Venus, *commonly called* Ens Veneris.

Take from the Dunghil at the Refiners, his dead head, commonly called, *Caput mortuum*, that which is left of his *Aqua-fortis*, the blacker it is, the better it is, for that is moſt burnt; put it into clean water, and it will diſſolve; ſtir it, let it fine, cant off that water, put on freſh water; this repeat till you by taſte find no more ſharpneſs in it; keep that water together, dry wel the red earth, take of this red earth what quantity thou wilt, of Salt Armoniack equal parts, grind them wel together, put them into a ſublimatory of good glaſs, [Note, it may be done in earth] ſet it in ſharp ſand, begin with gentle fire, leave the hole open at the top onely, ſtop it with Cotton-Wool, that the wily ſpirits of the Armoniack may go, elſe thou wouldſt break the Veſſel: After twelve hours moderate fire, ſtop cloſe the hole above, encreaſe fire; thou maiſt with thy hand on the Veſſel know well whether thou give fire orderly. Note, that after twenty four hours, or thirty hours, thou

canſt

canſt not hurt it vvith fire; let all cool, and vvith an Hares foot cleanſe off thy ſublimation, vvhich vvil be almoſt on the colour of Gold: Take that vvhich is ſublimed, and vveigh its vveight of freſh *Ens* vvel ground together, and ſublime it again; and this Work thou muſt repeat four times alvvays upon freſh *Ens*, before thy Work be perfect: If thou dealeſt honeſtly vvith this preparation (vvhich thou maiſt do in ten or tvvelve days) there needeth little other Phyſick; three or four grains drank in White-Wine, or in any proper Vehicle, alvvays ballanting a proportion by the ſtrength and vveakneſs of the Patient: This is a true Receit, as I have done it, let it ſpeak for it ſelf: But I did not paſs all the ſublimation at once, having no preſent occaſion for it; *I* have ſeen this ſo glorious, as to my thinking it hath exceeded gold: God Almighty proſper that man that ſtrives to excel in wel-doing. Now take all thy water and filter it very clean, and vapor it away, and thou wilt receive a conſiderable quantity of fixed Salt, white and good; put it into a ſtrong Cruſible, and calcine it in a Reverberatory for ſix hours; have care that thy heat do not make it flow, but let it be meanly red hot; then diſſolve it in diſtilled rain-water, filter it, vapor away the water, it is abundantly fairer then it was at firſt.

Note,

Note, thy water must be twice distilled, which is best done in quantity in a Copper-Stil, with a Serpentine Refrigetory. In this work let dirt sooner fall into thy eye, then into thy work; then calcine again a third time, and proceed as above, thou hast a Medicine of great force; but if thou wilt repeat this work till thy Salt will yield thee no more Fecis, *I* dare not tell thee what I think it will do: *I know* thou art hasty with me, and demands what this fixed Salt is good for; and my answer is as ready, (go look) *I* cannot tell: but if thou wilt know what a fixed Medicine is good for, look amongst the Cronical of fixed Diseases which the Galleniſt counts uncurable; thou canst not knock down an Ox with a smal Mallet, the remedy must over-ballance the disease. Note, after this order you may almost gain the Salt of any thing, *I* therefore have writ this.

Undoubtedly no greater pleasure can be had on Earth in earthly things, then to be busily imployed in the curious pursuing of these things: I do therefore account my self most happy, whose good hap it is, next to the true fear, love, and serving of God, to be swallowed up in the daily pursuance hereof. Above all things see that thou addict thy self to be neat and cleanly in thy work; if thou knowest any thing in Alchymie, thou must

know

know that with patience thou must work to take a few grains of the excremental parts, out of an ounce of the substantial parts, and it may be work long, and throw all away and begin again, and this without change or reluctance of mind, being fully resolved to work ever, if thou ever meanest to speed; its profitably miscarried, if thou thereby art humbled, else thou wilt not be taught; God resists the proud, but gives grace, and teacheth the humble: Therefore give time with patience, for that is of God, but haste and impatience is of the Devil; the greatest mastery is the wel governance of the Regiment of fire, be sure that thou hast *Vulcan* wel yoked in his own fetters, and see wel that his bellows be not too big: Onely study to make Volatil that which is fixt, and fix that which is Volatil, and all this after due cleansing; if thou canst so deal with this Salt, thou wilt find bread, thou wilt never want matter, if thou hast this power; he onely is happy whom God teacheth; his true fear is the beginning of Wisdom; them he teacheth the way they shall go; be not curious beyond Nature: I my self for some years past have much exceeded, following the Chimæra's of my own head: Soar not to things too high and beyond thee; Remember the saying of one of the chief Pillars in Physick, *Art is long, life is short; know God is in heaven,*

heaven, and thou on earth; thou canst not fathom his depths in the least natural thing, how canst thou then comprehend him who fill all things? Be not offended because I am bold with thee, 'tis because I love thee; I cannot but improve the Talent bestowed, and so I shall leave it with thee: If thou counts me a fool, I care not for it, I know it well, I am contented; if I add a tittle to thee, it is that which I desire; no man's goodness can add any thing to God, he already is perfect therein, perfect harmony, perfect silence and rest for ever in himself, to whom nothing can be added: But our goodness may be extended unto the men on the earth; to them that excel in vertue, I strive thereafter, as I receive help; some of these Receits cannot be wrought by unpractised hands; I can but give as I have received, good will excites and moves this offer; let it work likewise in thee to accept; in what I have done weakly, be thou more ready to mend, then find fault: If I have deserved rebuke, I will accept it from thee in any language, with thanks.

I will now deliver thee (in as plain words as I can) a most stately Receit, which I have wrought and given many scores of times with great success.

The

The true preparation of the Salt of Mars, *Salt of Steel, ſo called.*

113 Take what quantity of Oyl of Vitriol thou pleaſeſt, and put it in an open Glaſs, or in a wel glazed veſſel, ſet it upon a ſtool in a Chimney, put into it for each pound of Oyl, one ounce of Salt Jem, or Stone Salt, beaten to fine powder; take the filings of Steel, and with a ſpoon ſprinkle upon the Oyl, and it wil foam, boil and fret; have a care thou be not too haſty, for then wil it boil over; continue this ſhaking in of the powder of Steel ſo long, that thou perceive it to be all dry and hard, and wil foam and fret no more; then ſet it in a ſand Furnace, and dry it very wel, that it be hard, and like a ſtone almoſt for hardneſs: Bring this to fine powder, have a good quantity of water warm, and ſprinkle this powder thereon, and keep it ſtirring with a ſtick, otherwiſe it wil knit to a ſtone in the bottom: Filter this water, put on more, repeat this putting on of water til it be no more ſharp; let all be clean filtred, and vapor away the half, or above, and it wil ſhoot into tranſparent green Chryſtals, very fair Vitriol; vapor yet again, and it wil ſhoot again; if thou haſt vapored enough of it away, take all the Chryſtals or Vitriol, and lay it abroad on a well-glazed diſh, and ſet it in a Stove, or in in the Sun,

Sun, in his ſtrength, and it wil break into White-Powder; then put it into a clean diſtilled Water, and it wil diſſolve; filter it again, coagulate it into Chryſtals, it wil ſhoot into far more fairer Vitriol then the firſt; this ought to be repeated ſo oft, til it wil ſet no more fecis, but at this twice it will be in a very honourable condition and ſo far I have gone; dry it wel, it wil be a white yellow powder; and keep it cloſe ſtopt in a glaſs for thy uſe: Of this powder ten or twelve grains in the morning, and ſo for a Week together, 'tis profitable to bring the Flowers, if drunk in good White-wine, and ſtirring upon it, it ſometimes cauſeth vomiting, ſometimes purging, and ſometimes neither; it eaſeth the breaſt of ſtopping, helps Rickets, and killeth Worms: Give to children three or four grains according to their ſtrength, it is a choice Medicine, as I have proved.

If thou would draw the Oyl of Vitriol thy ſelf, take good Copperas, and in a very new earthen pan boyl it dry; beat it to powder, put it in long necks, lute faſt and draw it with judgment, as much as the Oyl of Amber is; ſome calcine it red firſt, as I have done my ſelf, but for this work it need not to be done,

Attyle

A true Receit of the Powder of Sympathy, or the Sympathetical Powder, *made of Roman Vitriol, lately commended by Sir* Kenelme Digby, *but no plain Receit given which I here performe and freely give thee, knowing that there is none better.*

Take what quantity of Roman Vitriol thou wilt, dissolve it in rain water, but put no more water then wil dissolve it, always leaving some undissolved in the bottom, filter it as clean as possible (let thy water be milk-warm in thy dissolution) put it in a clean glass-body set in sifted ashes, and give it gentle heat, so that it never exceed the heat of thy belly, and in that heat let it vapor away, til thou see it covered with a *Catecula*, or thin scum or cream, then withdraw thy fire, let it stand unmolested for three days, covering it wel that nothing fall into it, then with a glass spoon, or wooden spoon, take out the coagulated Vitriol; which is shot into fair green Chrystals, then kindle thy fire again, and with like degree continue til it be covered with a scum; withdraw thy fire again, let it stand other three days, take up again with a wooden spoon the coagulation: This you must repeat until thou hast the substance of thy Vitriol again, but freed from much of its filth;

filth; take all thy Vitriol which thou haſt gathered, ſpread it on a glaſs or well glazed diſh in the heat of the Sun; or in defect thereof a clean ſtone of equal heat with the ſcum, and take heed thou doſt not exceed, for then wilt thou loſe its vital parts, which are quickly volatil and ſubtil, neither wilt thou attain any more greenneſs on thy Vitriol, which when thou perceiveſt, begin again, all is loſt; underderſtand thy degrees of fire better; but if you give it its due heat, then wil it break into a White-Powder, and the greenneſs which is its life, wil obſcure and hide it ſelf; then take it again, and in rain water diſtilled twice, diſſolve it as at firſt. Now mark, I bring thee again to thy beginning, and there I leave thee, for this Work thou ſhould repeat ſo oft, and ſo long, til it ſet no more feces to thee; but conclude when thou wilt, thou ſeeſt what Sir *Kenelm Digby* doth write, viz. *The Antients did uſe this Vitriol in its groß body beat to powder.* I have here given thee ſo true a way as I know none better, for in this thou bringſt it beyond what is fit to be written, and doth hold, preſerve, and keep all its power both ſpiritual, ſympathetical, fixt, and Volatil.

If thou haſt ears, I have ſaid much; what is wanting unto thee, conſult with *Van Helmount*, *Aſwall Groby*, Mr. *Boulton*, and Sir *Kenelm Digby*.

Being moved fully with good will, I wil here give thee one Receit more, the like (I confidently affirm) never saw the light, for the good of mankind; and whosoever wil be perswaded upon my faith and credit alwayes to have it truly and faithfully prepared, may with much confidence cease from all other things in the World, and quietly commit themselves and relations into the hands of Almighty God, in the use of this with quietness and rest; and I speak boldly, if this prove short, to correct thy Fever, and heal thy Disease, and hath not power to purge thy blood, and throw all out that is noxious unto thy vital spirit; let thy ails be what they wil, look not for it to be done in this World: I pity thy fugitive mind, and pray for thee, when I see thee hunt from one man to another, and from one Medicine unto another, which is indeed the harbinger of [illegible] but if thou art admonished from thy [illegible] worshipping of men, to fall off, and with quiet mind pray and use this, and therein rest, waiting upon God, I am fully possest, and perswaded in my conscience it is sufficient for thee: And if thou (as blind as *Bayard*) cry out of the strong poison of the subjects, *viz. Poppey* and black *Hellebor*; Thou snarling fool, cease, and first learn the power of Salt of Tartar, and do not bewray thy folly and ignorance

ignorance till thou haſt proved its power, leſt thou give juſt occaſion of perpetual laughter unto thoſe whom experience hath taught and informed; I do confeſs I can exempt no Medicine in the world but my Pill and Antidote, whoſe receipts I may not at preſent here give thee; and this I proteſt unto thee, that if thou haſt made a right uſe of this that I have here in full and plain words taught, I ſhould have ſmal hope with any thing that I am made Maſter of, to help and cure where this cannot: and therefore as thou haſt reſpect unto thy life, conſider what I now teach thee; I ſay I teach thee under God, for I have not had the leaſt light or guide from any breathing, or from any book, but God Almighty my Lord and good Maſter hath been my guide, and therefore I with joy do aſcribe unto him all praiſe and thankſgiving for ever.

Rec. Take one pound of the beſt White Rheniſh Tartar, and one pound of India Salt-peeter, bring them to powder in a ſtone Mortar, and ſerce them through a Hair Sive, take a Pipkin that was never uſed, and ſet it upon Charcole, let the bottom heat as the coals do kindle, put in a ſpoonful of this powder, if the bottom be red hot it will burn, put in one ſpoonful after another till all be burned, it is then for this

work prepared, and if thou haſt wrought well, thou wilt have of a white Salt (but yellowiſh) ſeventeen ounces again of thy two pounds: Take half a buſhel of White lime, put it into a clean tubb, and put on it fair water, that the water may cover it four inches, let it ſtand all night, take two gallons of this water and put in it thy ſalt, and it is prepared for thy work; then take one pound weight of Poppy-leaves, good & red, newly gathered as near as thou canſt, ſtamp them and put them into thy prepared water, take alſo one pound of Juniper berries, and do likewiſe; alſo take one pound of black Hellebor (which thou maiſt buy of the Druggiſt for a ſmal matter) beat it groſly, and put it into the reſt; ſtirr all very well, let them ſimmer upon a fire twenty four hours in a glaſs body, or in a Tin Veſſel or Pewter, but let it be cloſe covered, then drive all through a Hipocris bag, and it's prepared for thy uſe; drink of this three or four ſpoonful in White-wine and Sugar, but give more or leſs as the patient is ſtrong or weak; to weak children half a ſpoonful or a ſpoonful with Wine or Sugar. Note, thou maiſt do what thou wilt with this, if thou knoweſt how to apply it for thy health; I deſire thee whatever thou art to praiſe God for this, the like I believe

is not made manifeſt for the preſerving of thy health againſt all diſeaſes, infections, Fevers, Surfets, this will not fail thee of relief, let thy pains be what they will, nor of cure if God permit: if thou haſt patience and will give it time, I have from my conſcience ſpoke my belief grounded upon reaſon and experience, and freely give it thee, beſeeching God to bleſs it to thee and inlarge thy heart as mine is inlarged; that is, that thou maiſt do for thy neighbor as I now do for thee, preſenting nothing in this or any thing about it but the labor of my hand, and what I daily put into my own belly; and let me further tell thee, I had much wreſtling with my ſelf as in the preſence of God, before I could prevail upon the gain-ſaying that was in me, to draw ſo nigh thee for thy unvaluable benefit; for if thou conſidereſt, the things are eaſily attained, every ditch offering thee ſome of them, and the preparation ſo trivial, that there is as much art to make a meſs of poctage: in this above all other I have deſerved well at thy hand, if thou haſt a heart to improve it; neither do I doubt, although many will be angry and ſnatch at it, but this entrance which I have given in this Receipt will ſtand while the world endures and get ſtrength, and my memory held in honor for ſo good ſervice in it. This

book

book hath swelled beyond my intention, yet I am constrained to give the one Receipt or two more in few words, and so I for this time shall rest, praising God who hath helped me before I go out of this world to perform some real service for the good of mankinde in general,

116 *To make the Drink that is now much used, called*

COFFEE.

The Coffee-berries are to be bought at any Druggist, about three shillings the pound; take what quantity you please, and over a Charcole fire in an old pudding pan, or frying-pan, keep them always stirring until they be quite black, and when you crack one with your teeth, that it is as black within, as it is without; yet if you exceed, then do you waste the Oyl, which only makes the drink; and if less, then will it not deliver his Oyl which must make the drink; and if you should continue fire till it be white, it wil then make no Coffe, but onely give you its Salt: The Berry prepared as above, beaten, and serced through a Lawn Sive, is then fit for use.

Take clean water, and boil one third of it away, what quantity soever it be, and it is fit for use.

Take one quart of this prepared Water, put in it one ounce of your prepared Coffee, and boil it gently one quarter of an

hour

hour, and it is fit for your use; drink one quarter of a pint as hot as you can sip it. Note, that instead of Coffee, take English Wheat, and thou wilt find it in all points as good and as profitable for thee, as I have wrought and proved it, and speak it from knowledge; and I do from my heart bear witness to this drink as the best and safest for the health of mans body: And further, I do know that it doth abate the fury or sharpness of the Acrimony, which is the gender of those Diseases called Cronical: And although it doth want fermentation, yet hath it the true strength of the grain, if it be wel prepared, and doth in no wise fume to intoxication, for that it is unfermented; and undoubtedly those which love health, wil love this drink; and is an absolute enemy unto Natures enemies. I had thought to have spoken much, and from good grounds, of the worth and benefit of this drink; but being already enlarged beyond intention, I am constrained to leave it for this time.

I have wrote many things which wil have an ungrateful taste, yet of mighty force for thy health: I cannot conclude this Book, but I must give thee one Receit more, which wil be acceptable unto thy foolish fancy; that in truth thy appetite never tasted a more stately thing, or higher Cordial

or

for health, and yet cheap, and of very easie and vulgar preparation, as followeth.

Take twelve pound of black Cherries that are full grown, and sweet, break all their stones in a Morter, put them in a Limbeck, or in a small common Stillers Still, put to them one gallon of fair spring water; distill off again one gallon, or one gallon within a pint; this water doth far exceed that which is commonly sold for black-Cherry-water: Take all out, and run it through a pulpring Sive, and wash with clean water the still, or the Limbeck, and what runs through the sive of it self, keep to make thy Syrrup of, the rest drive through the sive by force, that nothing be left but skin and stones, and that keep by it self; for thy Syrrup, take the first that is thin, and run through the sive of it self; put unto it for each pint, two pounds of sweet scented Lisbone Sugar, and put into it one quart of Rose-water, and one quart of Spermint-water, boil all at least eight hours. Note, that if from first to last the matter be not boiled twelve or fourteen hours, it will not answer thy intention; but if thou wilt feed it with fire twenty hours, thou therewith may do wonders. I have so wrought it, and baked it over and over several times: And thou maist know, that a Black-Cherry is a substance unknown, and cannot by fire be made dry; but as soon as it is cold, it will draw to it self a moist air, and will relent, do what thou canst; yet I have so fired him, or fed him with fire, that I could not touch it with my teeth, such hath been its mighty force, and for obstructions, all have flown before it; and when I would, taking but a little more then ordinary, it would loose my belly, and give a stool or two; but if thou wilt make a Sirrup of it without the extream firing, it will not then be worth an half penny, but will be only troublesome, as other ordinary Sirrups are. I have like to judged of it as thou wilt, I know for my self, many years ago it was precious in its effects unto me, and from that experience I had of it, I now moved with good will commit it unto thee.

FINIS.